

Sport, Health & Exercise | 4

3 Which of the activities on the right are group activities? Which are individual activities? 

Group activities  Individual activities 

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Study Skills

Predicting content

Sometimes you might know something about the topic of the text. In these cases, use your knowledge to predict the answers to the questions. However, make sure your final answers are based on the content of the text only.

Check these words

2  Read the texts again and match the sports to the sentences. Choose **Q** for *Quidditch* and **ST** for *Sepak Takraw*. 

Which sport:

- 1 is suitable for people who aren't athletic?   
- 2 is similar to another sport?   
- 3 first appeared in a novel?   
- 4 doesn't allow you to use your hands?   
- 5 is played with seven players?   
- 6 is ideal for someone with football skills?   