My routine

1. Read, match and write the sentences.

1 the rubbish	**5** to bed early	**8** for a test
2 my teeth	**6** my bed	**9** my homework
3 notes in class	**7** on time	**10** my room
4 my face		

a wash	b brush	c make	d tidy
e take	f go	g do	h be
i take out	j revise		

1.
2.
3.
4.
5.
6.
7.
8.
9.
10

2. Listen and complete. Then listen and tick or cross for Dan.

DAN 

1 I	in the morning.
2 I	every day.
3 I	every day.
4 I	for school every day.
5 I	in class.
6 I	for a test.
7 I	early.
8 I	every day.

4. Write sentences for you using adverbs of frequency.

sometimes	never	often	always	usually

1 I always

2 I

3 I

4 I

5 I

5. Write about Sally. Use *always, usually, often, sometimes* and *never*.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
wash her face	✓	✓	✓	✓	✓
brush her teeth	✓	✓	✓	✓	✓
make her bed		✓			✓
tidy her bedroom	✓		✓		✓
take out the rubbish					
do her homework	✓	✓	✓	✓	
be on time	X	X	X	X	X

1. (always) Sally and
2. (usually) Sally
3. (often) Sally
4. (sometimes) Sally and
5. (never) Sally

6. Write sentences about what you and your family *should* and *must* do before bed.

1 I should

2 My should

3 I must

4 My must

5 My sister and I should

7. Read and complete

finally	then	first	next

Every Monday is the same. , I get up and make my bed. , I brush my teeth and get ready for school. , I eat my breakfast and do my homewok. I always do my homework on time. , I take the rubbish and ride to school on my bike.

8. Write sentences about Sally's schedule.

7.15 make her bed
8.15 pack lunch and wash up

finally	then	first	next

12.00 help her mum
4.00 watch TV

1. First, Sally
2.
3.
4.