

My routine

1. Read, match and write the sentences.

1 the rubbish

5 to bed early

8 for a test

2 my teeth

6 my bed

9 my homework

3 notes in class

7 on time

10 my room

4 my face

a wash

b brush

c make

d tidy

e take

f go

g do

h be

i take out

j revise

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10

2. Listen and complete. Then listen and tick or cross for Dan.

DAN



- 1 I _____ in the morning.
- 2 I _____ every day.
- 3 I _____ every day.
- 4 I _____ for school every day.
- 5 I _____ in class.
- 6 I _____ for a test.
- 7 I _____ early.
- 8 I _____ every day.

4. Write sentences for you using adverbs of frequency.

sometimes never often always usually

1 I always

2 I

3 I

4 I

5 I

5. Write about Sally. Use *always*, *usually*, *often*, *sometimes* and *never*.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
wash her face	✓	✓	✓	✓	✓
brush her teeth	✓	✓	✓	✓	✓
make her bed		✓			✓
tidy her bedroom	✓		✓		✓
take out the rubbish					
do her homework	✓	✓	✓	✓	
be on time	X	X	X	X	X

1. (always) Sally _____ and _____

2. (usually) Sally _____

3. (often) Sally _____

4. (sometimes) Sally _____ and _____

5. (never) Sally _____

6. Write sentences about what you and your family *should* and *must* do before bed.

1 I should

2 My _____ should

3 I must

4 My _____ must

5 My sister and I should

7. Read and complete

finally then first next

Every Monday is the same. _____, I get up and make my bed. _____, I brush my teeth and get ready for school. _____, I eat my breakfast and do my homework. I always do my homework on time. _____, I take the rubbish and ride to school on my bike.

8. Write sentences about Sally's schedule.

7.15 make her bed

finally then first next

8.15 pack lunch
and wash up

12.00 help her
mum

4.00 watch TV

1. First, Sally

2.

3.

4.