- bland
- delicious
- dish
- range
- right
- smell
- wrong

Flavour makes our food 1 _____. Each flavour is a combination of 2 _____ and taste. When you get that combination 3 _____, food tastes amazing. But what is taste? Thai food is particularly good at combining a wide 4 _____ of different tastes in one 5 _____.

While you watch

Rearrange the letters to describe the five basic tastes.

1 yalts = *salty*

2 tesew = _____

3 rebtit = _____

4 ruso = _____

5 imuma = _____

While you watch

Watch the second part of the video (00:48–02:10) and check your answers. What three things does the presenter say about umami?

While you watch

Watch the last part of the video (02:11–4:23) Are the statements true or false?

1 The presenter has come to Spain to find the tomato fruit.

2 20,000 people attend La Tomatina festival.

3 La Tomatina is the world's biggest food fight.

4 The festival started with a street fight.

5 The umami extracted from tomatoes it tastes salty, earthy, meaty.

6 The umami taste comes from a glutamate molecule.