

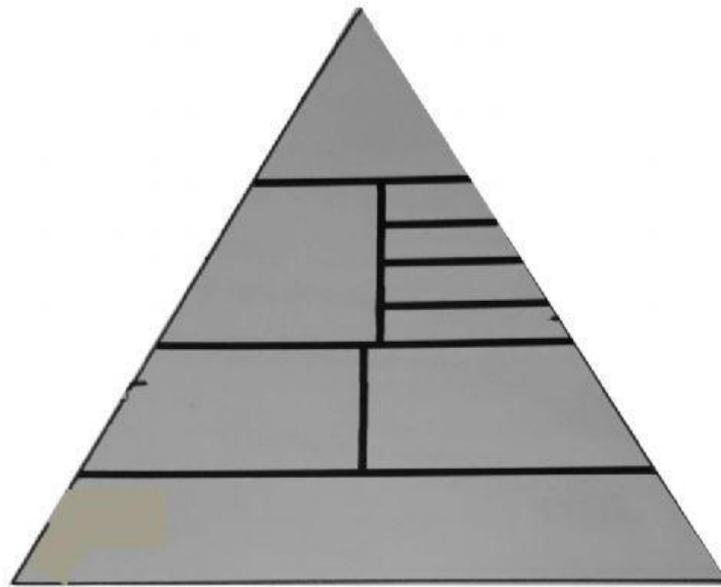
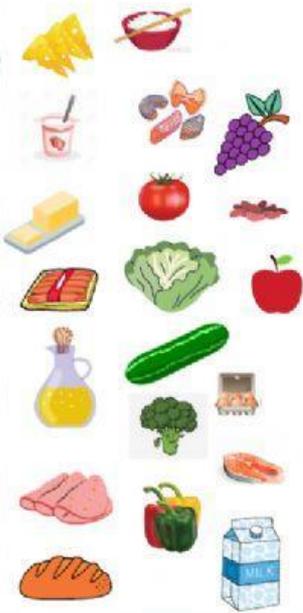
# UNIT 2: FOOD AND HEALTH

Teacher Laura

Our body needs food to grow strong and healthy. Look at the **FOOD PYRAMID**:



Drag and drop the food items and the food groups to the food pyramid:



- Fruits
- Fish
- Meat
- Eggs
- Pulses
- Vegetables
- Fats and sweets
- Cereals
- Milk products