

Activity 1.1a: My Money Habits

NAME:

DATE:

Directions:

What money habits do you have?

- A. List your money habits.
- B. Mark them as sensible (+), unwise (-) or neutral (N).

We'll come back to finish the right-hand column in this chart later.

Habit	+ / - / N	Possible Impact
<i>Stopping for fast food on the way home every day</i>	-	<i>Since I could wait to eat until I get home, that money could be used for other, more important things</i>
<i>Putting spare change in a jar every night</i>	+	<i>I can use it to buy something I want in a few months</i>

Activity 1.1b: My Money Habits

Directions: Look at your money habits in the left column above. Think about how each habit could affect you in the future. For each unwise habit you listed, write a sensible habit to replace it.