

### How often do you ...?

1. How often do you do these things? Choose an answer from the box below.

go to the cinema

go to the seaside

go to a football match

watch TV

go to the gym

go for a walk

go jogging

go swimming

go cycling

go hillwalking

play football

play video games

|           |            |             |       |
|-----------|------------|-------------|-------|
| every day | every week | every year  |       |
| often     | sometimes  | hardly ever | never |

2. Write sentences about how often you do these things.

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## An email about my week

1. Read the email and match the activities with the times of the week.



Hi Iram

I'm enjoying life here in Inverness. I'm very busy. I go to work every day and I go to college in the evening every Thursday. I study English and computing. At the weekend I relax. I sometimes play football on Saturday morning. I often go shopping on Saturday afternoon. I go to church on Sunday morning and I sometimes go for a walk on Sunday afternoon. What about you? Tell me about your week.

Krystina

|          |                    |
|----------|--------------------|
| work     | Saturday morning   |
| college  | Sunday morning     |
| football | Saturday afternoon |
| shopping | Sunday afternoon   |
| church   | every day          |
| walk     | Thursday           |

2. Use 'at', 'in', or 'on'.

\_\_\_ Saturday

\_\_\_ Friday

\_\_\_ Thursday afternoon

\_\_\_ Sunday evening

\_\_\_ the evening

\_\_\_ the afternoon

\_\_\_ the weekend

3. Write an email to Krystina telling her how you spend your week.

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