



UNIDAD EDUCATIVA “COTOGCHOA”

GUINEA PIG

SELECT THE CORRECT ANSWER ACCORDING WITH THE READING
(SELECCIONA LA RESPUESTA CORRECTA DE ACUERDO A LA LECTURA).

One of the healthiest, most popular dishes in Ecuador is fish. In the highlands, people catch trout in sweet water rivers. Fishing for trout is also one of the nicest activities to practice on the weekend with family or friends. In the highlands, they usually prepare **fried** trout and serve it with fries, white rice and a traditional preparation called *curtido*, made with tomatoes and red onions. It's one of the most delicious dishes in the Andean region.

On the Ecuadorian coast, people eat the most varied seafood. One of the best dishes in **this region** is the sea bass. People serve this delicate fish with white rice, *curtido* and green plantains. Fried or **grilled** sea bass is the most common preparation.

In the Amazon region the most traditional dish is called “Maito”. They prepare it with river fish and **wrap** it in plantain **leaves**. People **roast** this wrapped fish directly into the fire. They cook it with the leaves to maintain and absorb the best flavors. They serve it with cooked yuca, palmito and *curtido*.

1. THE MOST POPULAR DISH EN ECUADOR IS....

CHICKEN

FISH

MEAT

2. IN THE AMAZON REGION THE MOST TRADITIONAL DISH IS CALLED....

MAITO

CEVICHE

CORVINA

3. WHAT IS THE MEANING IN SPANISH... “TROUT”

MADURO

CEBOLLA

TRUCHA