



Teacher Laura

UNIT 2: FOOD AND HEALTH

Hi guys! I need your help to prepare with me healthy meals!

dinner snack breakfast lunch

For _____ I have _____



For _____ I have _____



For _____ I have _____



For _____ I have _____

Classify: broccoli meat pasta oil eggs yogurt fish lentils

Food from plants.

Food from animals.



Teacher Laura

UNIT 2: FOOD AND HEALTH

What are they good for?

yogurt fish meat milk

_____ and _____ are good for your muscles.

: _____ and _____ make your bones strong.

Complete the food pyramid:

