

**1 Complete these sentences with the names of the health problems the people have. The first letters are given.**

- 0 I haven't eaten all day and now I've got a headache.
- 1 Every year in the spring, I get a **r** \_\_\_\_\_ nose.
- 2 I need to sit down. I feel **d** \_\_\_\_\_.
- 3 I feel hot. I've got a **t** \_\_\_\_\_.
- 4 It's hard to lift my arm. I've got a **p** \_\_\_\_\_ in my shoulder.
- 5 I picked up a heavy box and now my back **h** \_\_\_\_\_.

**2 Complete the sentences using the verbs in the box. There are two extra verbs.**

be	check	come out	feel
keep	lose	make	reduce

- 0 My doctor thinks I might be allergic to eggs, so I'm going to have some blood tests.
- 1 If you stop eating fast food every day, you can \_\_\_\_\_ weight.
- 2 Doing exercise is a great way to \_\_\_\_\_ stress and feel better.
- 3 The nurse is going to \_\_\_\_\_ grandpa's heart rate.
- 4 It's important to \_\_\_\_\_ fit and eat good, healthy food.
- 5 If you \_\_\_\_\_ good food choices, you won't get sick very often.

**3 Choose the correct option.**

- 0 Ouch! I just bit my *mouth* / *tongue*.
- 1 He's got a pain in his *chest* / *shoulder*, near his heart.
- 2 Both of my *toes* / *thumbs* hurt because I play so many video games.
- 3 It's cold outside. Put this scarf around your *neck* / *back* to keep it warm.
- 4 Gemma is very pretty – she has beautiful eyes with long *eyebrows* / *eyelashes*.
- 5 The doctor told me to open my mouth so he could check my *lips* / *throat*.