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Part 1

Listening

Listen to the recording and choose the correct answer for each of the following sentences.

1. The man wants to _____.

    A. try out for the company basketball team

    B. join a soccer club

    C. run a mountain marathon

2. The woman is worried that _____.

    A. her husband's health isn't good

    B. her husband is becoming a fitness freak

    C. the man works too much

3. First, the woman suggests that her husband _____.

    A. visit with a fitness trainer

    B. start with light workouts

    C. see a doctor

4. Her husband should _____.

    A. eat more protein

    B. eat less fatty foods

    C. consume less salt

5. Why does the man's wife recommend cycling?

    A. It is good for improving muscle tone.

    B. It helps strengthen the heart.

    C. It helps develop mental toughness.

Choose the letter A, B, C or D to indicate the word whose underlined part differs from the other three in pronunciation in each of the following questions.

1. **A.** upgraded   **B.** consumption   **C.** urban   **D.** unbelievable

2. **A.** climate   **B.** livable   **C.** city   **D.** discussion

Choose the letter A, B, C or D to indicate the word that differs from the other three in the position of primary stress in each of the following questions.

3. **A.** pessimistic   **B.** optimistic   **C.** overcrowded   **D.** innovative

4. **A.** residential   **B.** environment   **C.** insoluble   **D.** enjoyable

Choose the letter A, B, C or D to indicate the correct answer to each of the following questions.

1. New York has invested in improving the _____ of its water ways in recent years.

   A. quality   **B.** quantity   **C.** level   **D.** feature

2. Vancouver is often considered to be one of the most _____ cities in the world.

   A. fit   **B.** liveable   **C.** endurable   **D.** suitable

3. Telecommunications and cloud computing will _____ transportation for moving ideas and intellectual property.

   A. change   **B.** replace   **C.** remove   **D.** eliminate

4. Plants_____ if they _____ enough water.

   A. die/ get   **B.** will die/ don't get

   C. die/ don't get   **D.** would die/ didn't get

5. Neither of them will be treated preferentially, _____ ?

   A. won't they   **B.** will they   **C.** won't them   **D.** will the

6. Don't ring me at night _____ it's important.

   A. if   **B.** in case   **C.** unless   **D.** when

7. Martine hasn't quite _____ his illness yet.

   A. recovered   **B.** got over   **C.** looked after   **D.** suffered

8. After spending a week in bed, she made a complete _____.

   A. recover   **B.** recovering   **C.** recovery   **D.** recovered

9. If you _____ the doctor's advice, you won't get well.

    A. take   **B.** follow   **C.** ignore   **D.** listen

10. I wouldn't _____ of going to the party I hadn't been invited to.

    A. dream   **B.** intend   **C.** depend   **D.** rely

Part 4
Reading

Choose the letter A, B, C, or D to indicate the correct word or phrase that best fits each of the numbered blanks.

GOING ON A DIET

A typical person needs about 1,800 calories per day to stay running. They keep your organs operating (1) _____ and your brain running. They also keep your body warm. A person gains weight because he or she consumes more calories per day than needed. The only way to lose fat is to reduce the (2) _____ of calories that you consume per day. This is the basic principle behind going on a diet.

Unfortunately, diets don't work for most people. They do lose weight but then go off the diet and put it back. Building a sensible diet and exercise plan is the key (3) _____ maintaining a consistent weight. You need to figure out how many calories you need in a day and how many you actually take in. The next step is to add exercise (4) _____ you can raise the number of calories you can consume per day.

Burning 250 or 500 calories per day can make a big difference. You can ride an exercise bike while you are watching television or you can take the stairs instead of the elevator. Find an exercise partner. Exercises can be a lot easier if there is someone to talk to. It's a good idea to wear firm fitting clothes if you are (5) _____ . Tight clothing acts as a reminder of what you are trying to accomplish.

1. **A.** proper   **B.** properly   **C.** improper   **D.** improperly

2. **A.** number   **B.** amount   **C.** deal   **D.** plenty

3. **A.** for   **B.** with   **C.** at   **D.** to

4. **A.** as a result   **B.** so as to   **C.** so that   **D.** as much as

5. **A.** on holiday   **B.** on a balance   **C.** on either side **D.** on a diet

Read the passage below and choose the letter A, B, C, or D to indicate the correct answer to each question.

In the future, genetic engineering will allow us to create the perfect human. It will be hard to get used to. Parents will order a baby who 'will grow up to become his new job because he is not quite prepared a genius or **to have a Miss World appearance**. Also, genetic engineering will allow us to mix plants and animals.

As computers have advanced, they have helped us remember, calculate, organize, and clarify. So it will become easier to deal with things, and much quicker. At a point in a future time, some may claim that computers become about as smart as Newton or Einstein. More advanced computers will be able to be creative, respond to feelings in a feeling way, develop intuition, recognize patterns, and suggest innovative alternatives. There is a hope if we choose to take action. We can select Internet information wisely, choose healthy computer games, limit our exposure to television commercials, and select television programs carefully. People will be aware of the importance of keeping active, getting outside to do more physical activities. We will also plan to make a major sacrifice the next time we buy a car, take the bus. Everybody will be more concerned about making environmentally friendly choices, eating healthy, and helping build a healthier society by shopping at better stores that sell better food.

Most people will be aware that a happy, loving family is a joy to be part of, and that it is a necessary foundation for building a strong society. But it is extremely important for our future that we maintain a healthy perspective. We need to value and appreciate the importance of what can be achieved by loving and committed parents. People need a strong foundation, so it is vital for our society that we encourage parents to work at creating love, joy, and happiness for their children in a decent, stable, and productive atmosphere.

6. How many aspects of life in the future are referred in the text?

    A. One   **B.** Two   **C.** Three   **D.** Four

7. Which aspect is not referred in the text?

    A. Education   **B.** Genetic Engineering

    C. Computers   **D.** Family

8. The phrase "**to have a Miss World appearance**" means that _____.

    A. to become a Miss World   **B.** to enter a beauty contest

    C. to be intelligent   **D.** to be beautiful

9. According to the text, in the future, _____.

    A. it will be difficult for us to select Internet information

    B. people will prefer taking a bus to buying a car

    C. food will not be sold at shops

    D. TV viewers will not be able to escape from seeing a lot of advertising.

10. The last paragraph is about _____.

    A. family and parents' responsibility in the future

    B. children's education

    C. children's health

    D. how to build a strong society

Part 5

Writing

Finish each of the following sentences in such a way that it means the same as the original sentence.

1. "If it rains, we won't be able to go on a picnic", they said.

→ They said _____.

2. "I won't help you with your homework. Never!" Jane said to me.

→ Jane refused _____.

3. "Would you like to come on a picnic with us?", said Linda to Peter.

→ Linda invited _____.

4. In the snowy weather, we don't go to school.

→ If _____.

5. I hope it is sunny tomorrow because I can go to the beach then.

→ If _____.