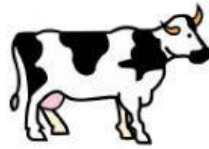




PROTEÍNAS



CARNE



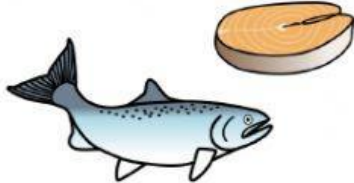
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CERDO



PAVO



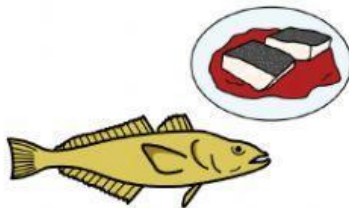
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ATÚN



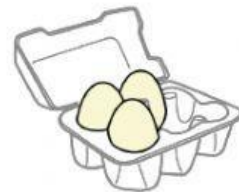
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BACALAO



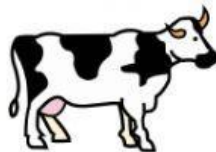
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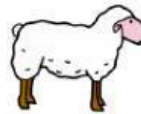
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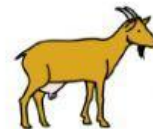
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VACA



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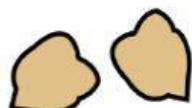
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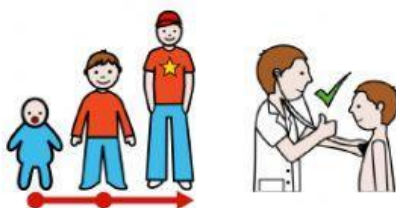
HABAS



GARBANZOS



ESTUDIAR



VITAMINAS Y SALES MINERALES



D

LÁCTEOS



SALMÓN



ACEITE

BACALAO



ATÚN



SOJA

LÁCTEOS



A

LECHE



CALABAZA



ZANAHORIA



MANGO



LECHUGA



LEGUMBRES



ATÚN



ANCHOA

C

MELÓN



FRESA



NARANJA



PIÑA



VERDURA HOJA
VERDE



FRUTOS SECOS



By Sara PT