

taking care of our health

Join me to see the story of Luis and what happened to him.

It was a gray and rainy day in the great city of Cali, the wind was strong and Luis was getting ready to go to school like every day.

while he ate breakfast, his mother was in charge of finding the right clothes for the weather.

Before going out to take the route, Luis's mother gave him some precautions, the first of which was to remember to wash his hands constantly, then not to forget that he should not take off his jacket, his scarf and much less his mouth cover.

However, when Luis arrived at school, he omitted everything that his mother had warned him about, he took off his coat, gloves and exposed himself in the rain, which caused a severe headache, accompanied by nasal congestion and chills. The teachers immediately called his mother commenting on the situation.

His worried mother picked him up immediately. On the way home, Luis presented more serious symptoms such as coughing, sneezing, and fever.

When they got home, Luis's mother called the doctor, he gave him some instructions for care and some medicines to take.

Luis was feeling much better over the days, however he apologized to his mother for not obeying him and gave her a big hug for her care during the illness.

Upon returning to class Luis told his classmates the importance of taking care of themselves on rainy days.



What is the name of the main character in the story?



A. Marcos

B. Luis

C. Miguel



What were the cares that Luis forgot?



What were the symptoms that Luis presented?



Headache

nasal congestion

cold scales

coughing and
sneezing

firm

All of the above



What did Luis do when he returned to school?



He told his colleagues about the importance of taking care of yourself on rainy days.

I tell them that going out to play in the rain was fun.

What is the central idea of the cure?