

1 READING

- a Look at the photos. Where do you think the places are?
b Read the article and complete each heading with a phrase.

The coldest The highest The hottest

EXTREME LIVING

Welcome to the coldest, highest, and hottest places in the world!

country in the world

How do people live in **Mali**, West Africa, where the temperature is often 50°? John Baxter, a BBC journalist in Mali, says, 'People get up very early and they don't move very much in the afternoon. Surprisingly, they wear a lot of clothes (usually **cotton**) as this helps them not to get dehydrated. Houses are very hot and don't have air conditioning – the best place to sleep is on the **roof**!'



place in the world

Can you imagine living in a place which is four times colder than your **freezer**? This is **Yakutia** in Siberia, where in winter it is often -50° or lower. Valeria Usimenko, a housewife, says,

'After a few minutes outside your **nose** fills with ice. It **snows** a lot and there is always a lot of ice and snow on top of the houses. The most dangerous time is the spring – when the ice falls it can kill people! The winter is very boring because we can't go out much. A lot of babies are born here in the autumn!'



Adapted from a magazine



capital city in the world

La Paz in Bolivia is 4,090 metres above **sea level**. It can be difficult to **breathe** because there isn't much oxygen. Liz Tremlett, a travel agent who lives there, says, 'When people arrive at El Alto airport we sometimes need to give them oxygen.' It is also the worst place to be if you drink too much beer. The next day you feel terrible because you get more dehydrated. But La Paz is a very good place to play golf. At this **altitude**, when you **hit** a golf ball it goes further!

Read the article again. Answer these questions.

- Where do people wear a lot of cotton clothes? Mali
- Where is a good place to play golf? _____
- Where do people sleep on the roof? _____
- Where can you have a problem with your nose? _____
- Where do you need to be careful in spring? _____
- Where is a bad place to drink a lot of alcohol? _____