

Let's protect our mental health*

Activity

My free time

LET'S OBSERVE AND READ!

OBSERVE: EXERCISE 1

Match the pictures with the correct action. Follow the example:

1.



2.



3.



ACTIONS

A. running

B. cleaning

C. doing my homework

D. riding a bike

E. watching TV

F. cooking

4.



5.



6.



LOOK!



LIKE

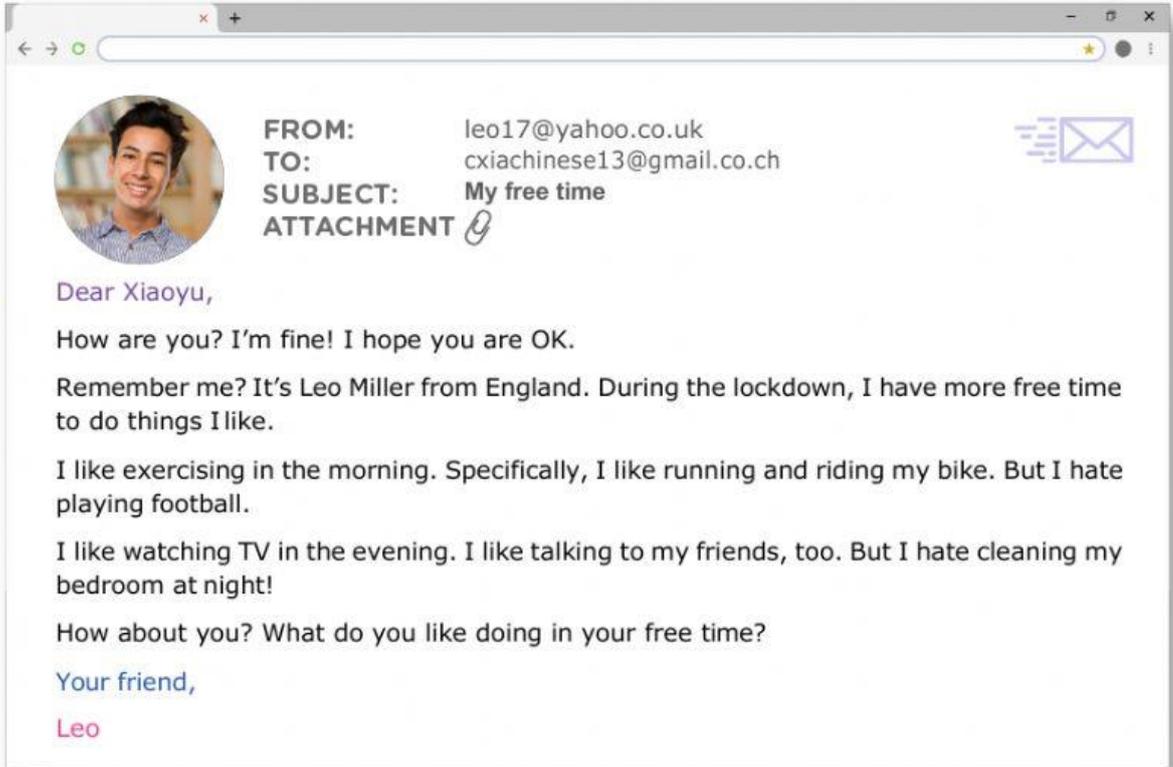


HATE

LISTEN AND READ

Listen to and read Leo and Bania's e-mails about the activities they like doing in their free time.

E-MAIL 1



The screenshot shows an email client interface. At the top, there is a browser-like address bar with navigation icons. Below it is a circular profile picture of a young man (Leo). To the right of the picture, the email header information is displayed: FROM: leo17@yahoo.co.uk, TO: cxiachinese13@gmail.co.ch, SUBJECT: My free time, and ATTACHMENT with a paperclip icon. In the top right corner, there is an envelope icon with a list of lines next to it. The main body of the email contains the following text:

Greeting Dear Xiaoyu,

How are you? I'm fine! I hope you are OK.

Remember me? It's Leo Miller from England. During the lockdown, I have more free time to do things I like.

Body I like exercising in the morning. Specifically, I like running and riding my bike. But I hate playing football.

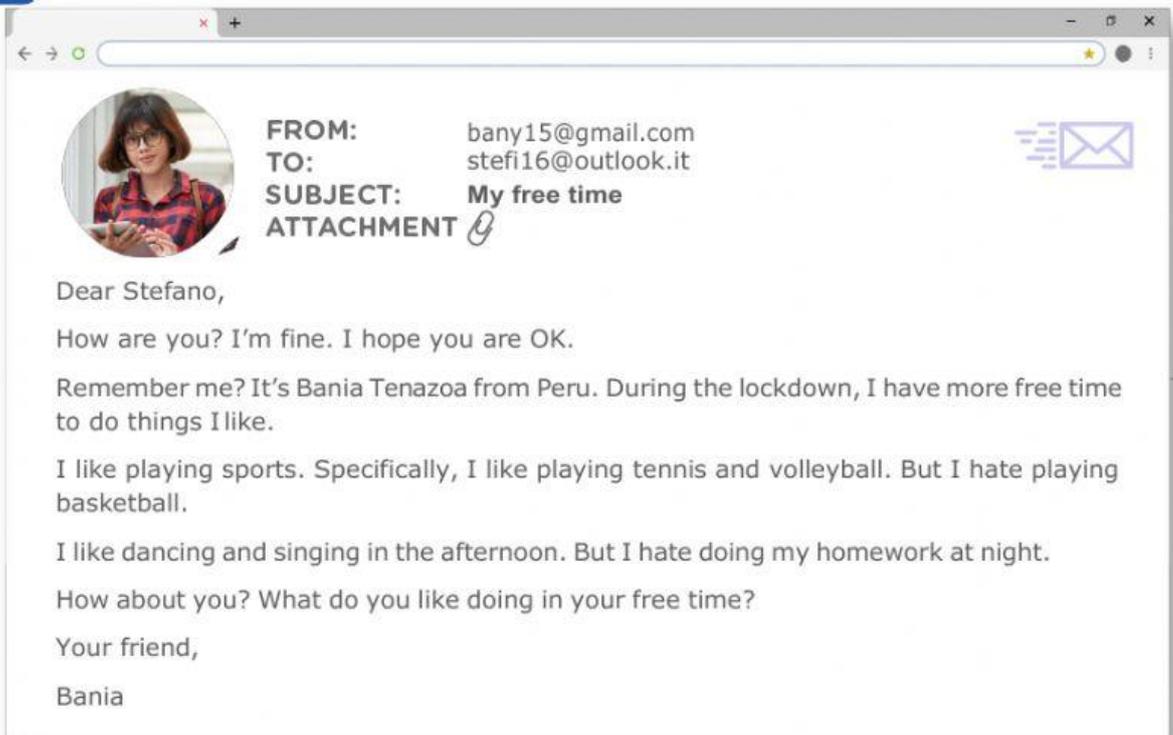
I like watching TV in the evening. I like talking to my friends, too. But I hate cleaning my bedroom at night!

How about you? What do you like doing in your free time?

Closing Your friend,

Signature Leo

E-MAIL 2



The screenshot shows an email client interface. At the top, there is a browser-like address bar with navigation icons. Below it is a circular profile picture of a young woman (Bania). To the right of the picture, the email header information is displayed: FROM: bany15@gmail.com, TO: stefi16@outlook.it, SUBJECT: My free time, and ATTACHMENT with a paperclip icon. In the top right corner, there is an envelope icon with a list of lines next to it. The main body of the email contains the following text:

Dear Stefano,

How are you? I'm fine. I hope you are OK.

Remember me? It's Bania Tenazoa from Peru. During the lockdown, I have more free time to do things I like.

I like playing sports. Specifically, I like playing tennis and volleyball. But I hate playing basketball.

I like dancing and singing in the afternoon. But I hate doing my homework at night.

How about you? What do you like doing in your free time?

Your friend,

Bania

LET'S UNDERSTAND!

UNDERSTAND: EXERCISE 1

Write True (T) or False (F) about Leo and Bania's likes and hates. Follow the example:

Example:



Leo

1. I hate running and riding my bike. (F)
2. I like talking to my friends. ()
3. I hate cleaning my bedroom in the mornings. ()



BANIA

4. I like playing sports. ()
5. But I hate playing tennis and volleyball. ()
6. I hate doing my homework at nights. ()

UNDERSTAND: EXERCISE 2

Circle the face that correctly represents what Leo and Bania like or hate doing in their free time. Follow the example:

Leo			Bania		
1.	2.	3.	4.	5.	6.