

1. poison	a) пристрастие, пагубная привычка
2. a habit	b) лишний вес
3. a nutrient	c) болезнь
4. overweight	d) привычка
5. a disease	e) питательное вещество
6. addiction	f) яд

Positive	Comparative	Superlative
1.	more widely	most widely
2. badly	worse	
3.	better	best
4. little		least
5.	more happily	most happily

1. Fast food is very dangerous ... our health.
1. for 2. to 3. at

2. I can eat hamburgers every day ... lunch and dinner.
1. on 2. with 3. for

3. Sam gets ... at 7 o'clock to go swimming every morning.
1. on 2. up 3. down

4. Fast food looks nice and tastes nice because ... artificial colours, flavourings and preservatives.
1. to 2. of 3. with

5. To be healthy you need 8-10 hours ... sleep every day.
1. of 1. at 1. up

good strong happy long easy

The more you exercise, the (1) _____ you are. The stronger you are, the
(2) _____ your health will be and the (3) _____ it will be to cope with work load
and stress. The better your health is, the (4) _____ you are. The happier you are, the
(5) _____ you will live.

V. What do you do to live a long and happy life? Write 6-10 sentences.
