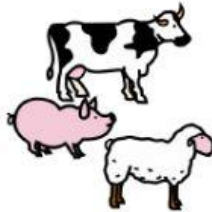
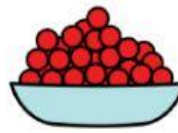




LOS ALIMENTOS Y LOS NUTRIENTES

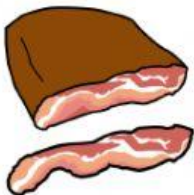
GRASAS



ORIGEN ANIMAL



ORIGEN VEGETAL



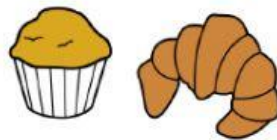
BACON



CHOCOLATE



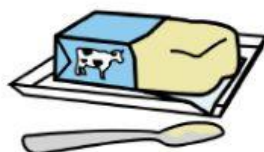
EMBUTIDO



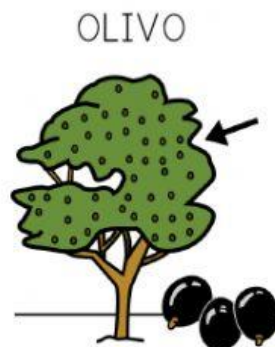
BOLLERÍA



CARNES ROJAS



MANTEQUILLA



OLIVO



GIRASOL



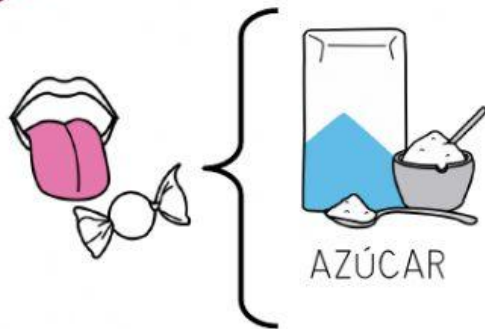
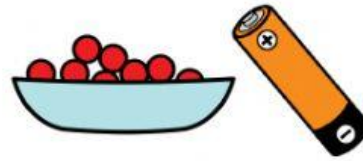
ACEITE





ESTUDIAR

HIDRATOS DE CARBONO



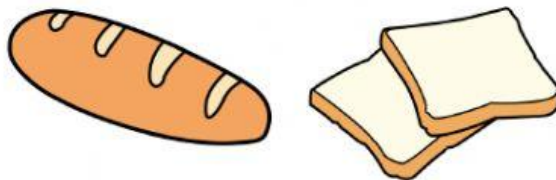
AZÚCAR



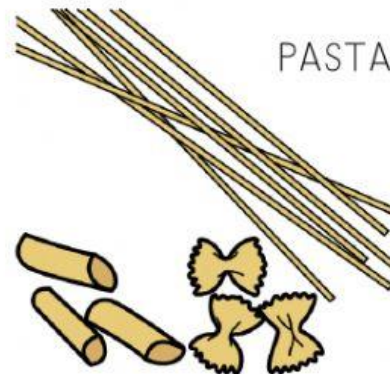
MIEL



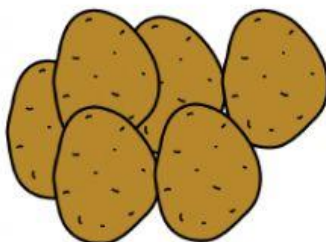
FRUTAS



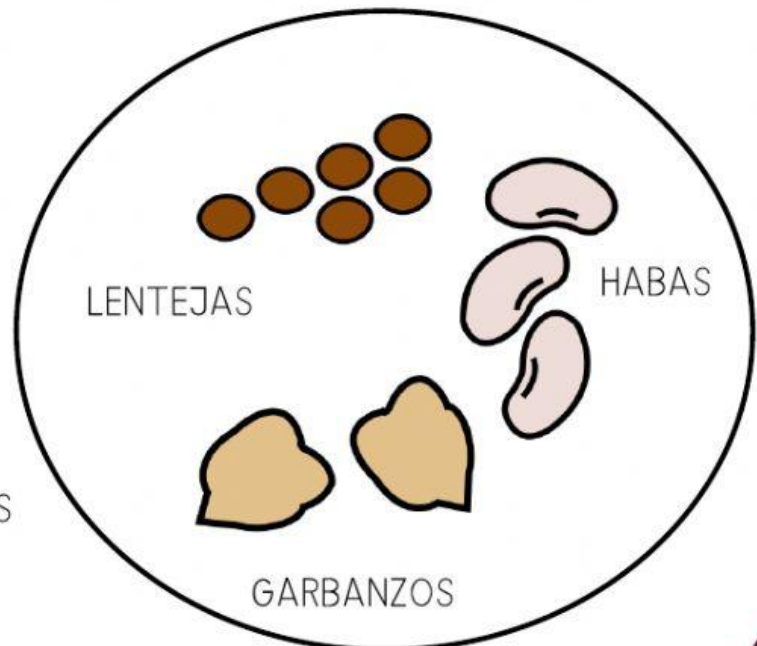
PAN



PASTA



PATATAS



LENTEJAS

HABAS

GARBANZOS

LEGUMBRES