



Week 17
English Mastery
Primary 1

UNIT 8 - PART B
P.E LESSON



VOCABULARY MCQ

1. Which word below has the same meaning as, '**having a good time**' ?
a. whale of a time
b. down in the dumps
c. green with envy
d. terminate
2. Which word below has the same meaning as, '**uniform**' ?
a. jeans
b. terminate
c. rotate
d. attire
3. Which word has the same meaning as '**turn around the centre**' ?
a. extend
b. stretch
c. terminate
d. rotate
4. Which word has the same meaning as **straighten a part of your body**?
a. tremble
b. stretch
c. rotate
d. attire
5. What is the meaning of **sweating a lot**?
a. perspire profusely
b. legs turned to lead
c. frozen in terror
d. barely perspiring



6. Which word has the same meaning as ending something?

- a. terminate
- b. commence
- c. rotate
- d. begin

7. Which of the words below mean very tired?

- a. exhausted
- b. full of beans
- c. energetic
- d. elated

BONUS QUESTIONS

8. Which idioms below have the same meaning as doing a good job?

- a. on the ball
- b. let someone off the hook
- c. get your act together

9. Which idioms below have the same meaning as making a joke on someone?

- a. pull someone's leg
- b. No pain, no gain
- c. miss the boat

10. Which idioms below have the same meaning as 'calm down'?

- a. get your act together
- b. pull yourself together
- c. so far so good



word/phrase	meaning
have a ball	
foreheads dotted with sweat	
sprint	
full of beans	
reluctantly	
readily	
elated	

a whale of a time		
willingly	perspire	run a short distance very fast
energetic	hesitant	very happy



a ball		
sprinted	dotted with sweat	full of beans
reluctantly	readily	elated

As soon as the clock struck nine, everyone in my class got excited. Why wouldn't we? It was time for P.E. lesson. That means, we are all going to have a whale of time! We 1. _____ changed into our P.E. attire and 2. _____ to the field in the speed of lightning. Our teacher, Ms Maha is our P.E. teacher. She is very enthusiastic and 3. _____. She always makes sure we have 4. _____!

The afternoon sun was so hot that our foreheads were 5. _____. However, we were way too excited to play dodgeball. My friend, Candice is a little timid and she 6. _____ picked the ball. "Candice, don't be scared. It will be fun!" I whispered. As soon as she threw the ball, she realized how much fun it is. Soon, she was playing enthusiastically. We didn't want our session to end. Alas! It was time to go. Nevertheless, we were feeling 7. _____ and looking forward to the next P.E. lesson with Ms Maha!



Let's write a short story using the pictures below.



exhausted		
terminate	perspiring	stretched
rotated	attire	whale of a time
bandaged	injury	bleeding
have a ball		
readily	foreheads dotted with sweat	sprint
full of beans	reluctantly	elated



Let's write out a short story

Hooray! It was time for





had a ball		
readily	dotted with sweat	sprinted
full of beans	reluctantly	elated

1. The kids really _____ at the birthday party.
2. We _____ changed into our P.E. attire when teacher Maha told us to.
3. Charlene is a very energetic girl. She is _____.
4. We had such a whale of a time. We were feeling _____.
5. During the race, Vera _____ as fast as lightning.
6. We were perspiring so much that our foreheads were _____.
7. I did not feel like doing homework but I _____ did it as I didn't want to lose bucks!

