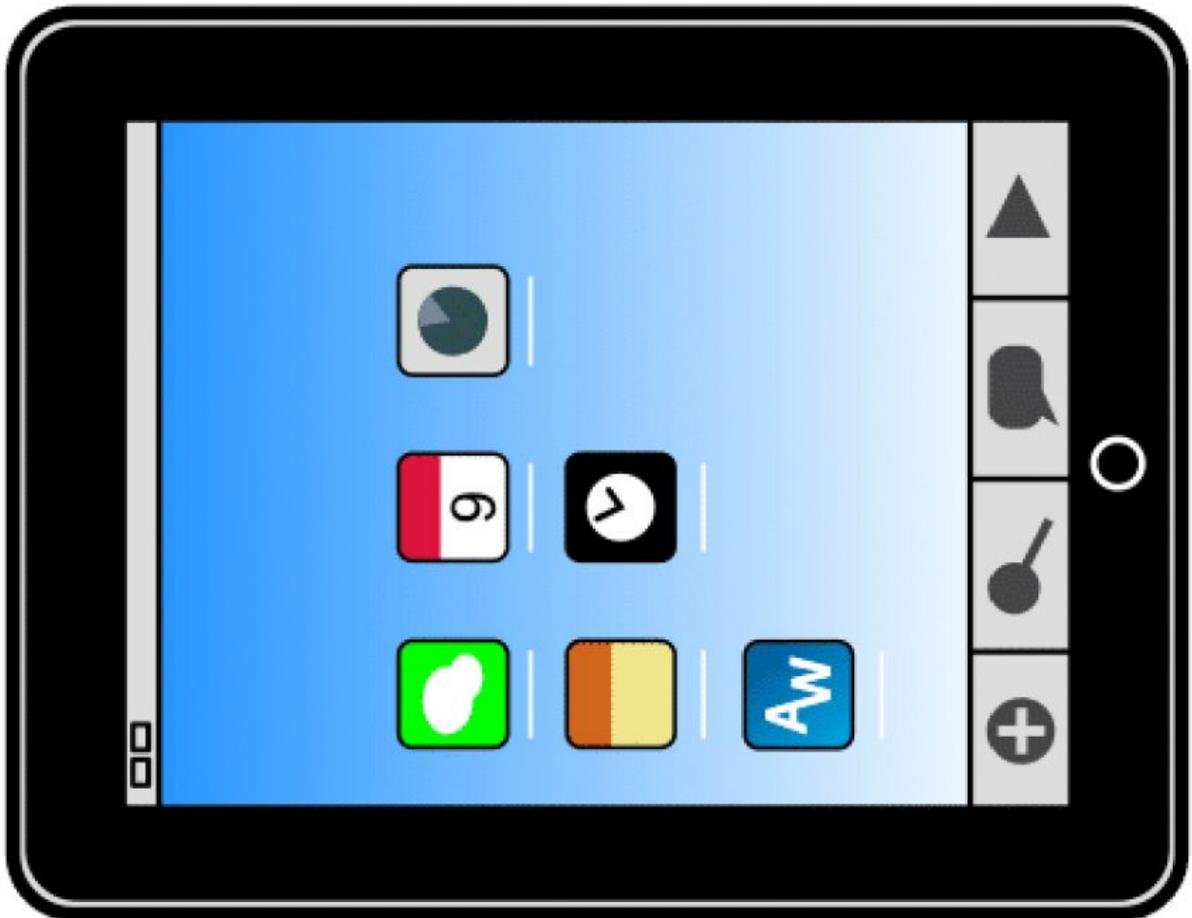


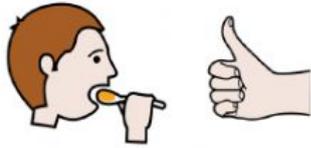
## TEMA 3

# LA ALIMENTACIÓN Y LA SALUD

# LA ALIMENTACIÓN Y LA SALUD



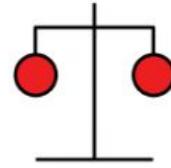
By Sara PT



ALIMENTARSE BIEN ES ...



ESTUDIAR



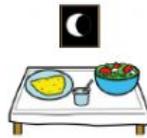
TENER UNA DIETA EQUILIBRADA



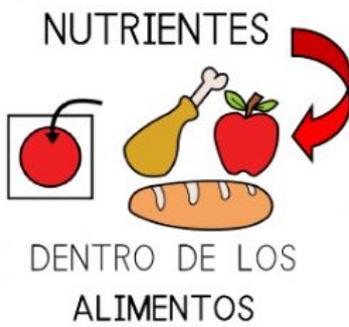
EN DESAYUNO



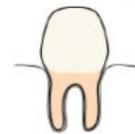
COMIDA



Y CENA



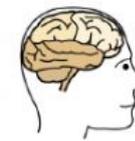
HUESOS



DIENTES



MÚSCULOS



CEREBRO



CRECER



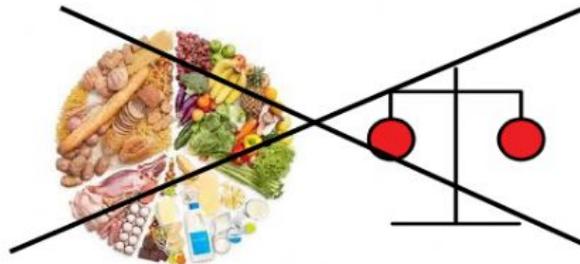
SANOS



By Sara PT



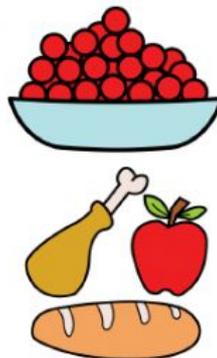
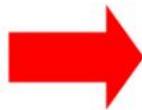
ESTUDIAR



NO TENER UNA DIETA EQUILIBRADA PRODUCE:



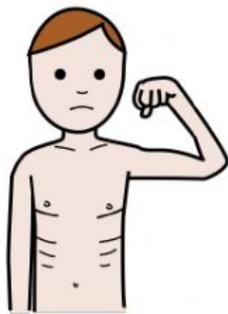
OBESIDAD



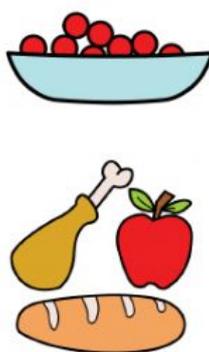
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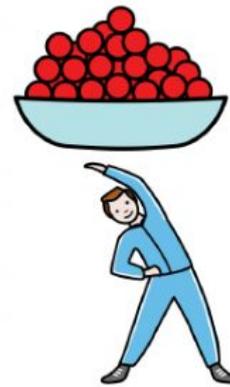
MUCHA COMIDA Y POCO EJERCICIO



DESNUTRICIÓN



+



POCA COMIDA Y MUCHO EJERCICIO



By Sara PT