

Part 1 – Multiple Choice

HOW MUCH DO YOU SLEEP?

A study which (0) _____ at school start times has shown that a later start can (1) _____ in improved attention and mood of students. Over 240 students aged between 13 and 18 took (2) _____ in the study at a school in Louisiana, USA. Rather than beginning classes at 8 a.m., they (3) _____ the start of the school day by half an hour (i.e. until 8.30 am). The students all (4) _____ in a questionnaire both before and after the study. The number of them who (5) _____ to sleep for more than eight hours per night rose from 17.4% to 54.7% during the study. The researchers who (6) _____ out the study claimed that students needed to (7) _____ around nine hours a night sleeping. This amount of sleep (8) _____ then to function properly during the day and, in particular, to (9) _____ on their lessons.

What else did the researchers find out? The percentage of students who said they were unhappy dropped from 67.8% to 45.1%. They also felt more positive about school and, because of this, they (10) _____ more of their lessons and they (11) _____ more progress. The students and teachers were so pleased with the effect that they voted to (12) _____ to start at 8.30 am. the following term.

0. A reviewed	B looked	C researched	D watched
1. A develop	B lead	C result	D follow
2. A place	B position	C piece	D part
3. A postponed	B stopped	C put	D cancelled
4. A completed	B finished	C answered	D filled
5. A succeeded	B managed	C achieved	D arrived
6. A set	B carried	C dealt	D based
7. A take	B pass	C spend	D last
8. A enabled	B let	C ensured	D meant
9. A think	B consider	C remember	D concentrate
10. A attended	B appeared	C associated	D accompanied
11. A took	B did	C made	D went
12. A repeat	B continue	C remain	D extend

Part 2 – Open Cloze

MIRRORS

You probably have several mirrors in your house, but (1) _____ you know they are not a modern invention? Most mirrors are now made from (2) _____ coating of metal on glass, but images can (3) _____ seen in any smooth, highly polished surface. Archaeologists have recently found a mirror which is thought (4) _____ be typical of the polished bronze type in early use in Greece, Egypt and China. The Cairo museum in Egypt has one dating from 4,000 years (5) _____. Other metals (6) _____ as silver and tin were also used (7) _____ mirrors, but by the 16th century the Venetians had discovered (8) _____ to make glass, and 'silvered' glass mirrors (9) _____ fashionable.

Through the ages, mirrors (10) _____ been used not only for decoration (11) _____ also in science. In the Middle Ages, Arab mathematicians made great contributions to (12) _____ science of reflected light. Their discovery of the use of mirrors to direct, distort and reflect light is responsible (13) _____ many of the inventions we have today. For example, mirrors used in cameras and telescopes enable us to see images the human eye (14) _____ not normally be able to make out.

Laser beams, (15) _____ use reflected light, help doctors to perform medical operations. Mirrors do indeed play (16) _____ important role in many aspects of our lives.

Degus

You may not be (1) _____ (**FAMILY**) with the degu, but this small sociable mammal is growing in (2) _____ (**POPULAR**) as a 'pocket' pet. They are sometimes called 'brush tail rats' because of their (3) _____ (**APPEAR**), but they are completely unrelated to rats. As the natural inhabitants of desert-like parts of central Chile, they can live in the Andes mountains at a (4) _____ (**HIGH**) of 3,500 metres above sea level, although this is quite (5) _____ (**USUAL**). They live in groups as big as a hundred, so if you're thinking of getting one as a pet consider buying two or more.

There is no of websites with (6) _____ (**ADVISE**) on caring for this small rodent. So what do degus eat? You should feed them a (7) _____ (**MIX**) of specially-made dry food that doesn't have sugar in it and leafy vegetables. As their teeth are constantly growing, they are capable of chewing through plastic so buy a metal cage that is as big as is (8) _____ (**PRACTICE**) possible. Degus dislike being picked up, but with the right sort of (9) _____ (**ENCOURAGE**), they will eat from your hand or allow you to stroke them. In the wild, they clean themselves in a 'sand bath' by rubbing sand into their fur. This is normal (10) _____ (**BEHAVE**) so make sure there is a bowl of sand in your pet's cage.

Part 3 – Key word transformations

1. James hasn't gone to the gym for five years. **STOPPED**

James _____ five years ago.

2. You can't smoke in shopping malls. **ALLOWED**

Smoking _____ shopping malls.

3. 'Why don't we go to the cinema?' said Jack **SUGGESTED**

Jack _____ to the theatre.

4. Helen stayed at home and didn't go to school. **INSTEAD**

Helen stayed at home _____ to school.

5. 'You'll love the new TV series.' They told him **WOULD**

They told him _____ the new TV series

6. You can get from here to Paris without changing trains. **NEED**

You _____ trains to get from here to Paris.

7. 'She didn't enjoy writing her last book.' Henry said. **ENJOYED**

Henry said she _____ her last book.

8. I'm certain she is his girlfriend. They are always together. **MUST**

She _____ his girlfriend. They are always together.

9. I think you should ask the boss for a pay rise. **WERE**

If _____ ask the boss for a pay rise.

10. 'Are you interested in the job?' she asked him. **IF**

She asked him _____ in the job