

Student's name _____ Date _____

Audio taken from:

https://www.examenglish.com/B1/b1_listening_health.htm

HEALTH

Listen to the conversation and choose the correct answer

1. The woman is feeling...
 - a) Tired and stressed
 - b) Tense and stressed
 - c) Angry and tired
2. The woman wants to feel...
 - a) more relaxed
 - b) happy
 - c) active
3. the doctor suggested ...
 - a) to take some medicine
 - b) to travel
 - c) to change lifestyle
4. the woman likes to...
 - a) watch TV
 - b) do exercises
 - c) go out with friends
5. the doctor suggested her to do exercise for...
 - a) relaxation
 - b) to lose weight
 - c) to feel more active
6. the doctor recommended her to do physical ...
 - a) 13 minutes
 - b) 30 minutes
 - c) 20 minutes

