GMR.V.DAV.PUBLIC SCHOOL, RAJAM.

WORKSHEET

CLASS:5 **SUBJECT: SCIENCE** **TOPIC:FOOD AND HEALTH**

I. DRAG AND DROP:

SMALL 6MONTHS TO 3YEARS DISEASE

ANAEMIA AIR IMPROPER GROWTH OF BODY SCURVY

1. Deficiency of Proteins and Carbohydrates, in the diet of a small child can lead to

   _____

2. Germs of common cold spread through_____

3. A person having swollen and bleeding gums, might be suffering from_____

4. Haemoglobin content becomes less when a person is suffering from_____

5. A_____is any defect or abnormality found in the body.

6. The children in the age group of _____, often, suffer from

   Protein-carbohydrate deficiency disease.

7. Minerals are present in _____amounts in our body.

II. TRUE OR FALSE: DRAG AND DROP:

TRUE FALSE TRUE FALSE TRUE FALSE FALSE

8. We can eat more than the required quantity. _____

9. Vinegar is used as preservative. _____

10. We may eat spoiled food rather than wasting it. _____

11. Disease is a complete physical and mental well being. _____

12. In the healthy eating pyramid more priority is given to fats,

    salt and sugar. _____