



Week 10

Primary 3/4

The Write Tribe

ONLINE REVISION

IDIOMS ABOUT FEAR

word/phrase	meaning	
afraid of one own's shadow		
break out in cold sweat		
bundle of nerves		
heart lodged in one's mouth		
have the jitters		
nerves of steel		
a brave person	the type of anxiety you get before you step on a stage	nervous when faced with extreme danger
a very anxious person	perspire in anxiety	someone who gets easily frightened

IDIOMS ABOUT FEAR

word/phrase	meaning
gives me the heebie - jeebies	
make your blood run cold	
jumped out of my skin	
heart skipped a beat	
scared out of my wits	
shake like a leaf	

feeling cold due to fear. Hands may turn clammy.	sudden fear that causes you to jump even if you didn't mean to	scared out of your mind
someone or some place gives you the creeps	heart feels like it stopped for a moment	tremble with fear