



Week 10
Primary 3/4

The Write Tribe

ONLINE REVISION

IDIOMS ABOUT FEAR

word/phrase	meaning
afraid of one own's shadow	
break out in cold sweat	
bundle of nerves	
heart lodged in one's mouth	
have the jitters	
nerves of steel	
a brave person	the type of anxiety you get before you step on a stage
a very anxious person	perspire in anxiety
	nervous when faced with extreme danger
	someone who gets easily frightened

IDIOMS ABOUT FEAR

word/phrase	meaning
gives me the heebie - jeebies	
make your blood run cold	
jumped out of my skin	
heart skipped a beat	
scared out of my wits	
shake like a leaf	

feeling cold due to fear. Hands may turn clammy.	sudden fear that causes you to jump even if you didn't mean to	scared out of your mind
someone or some place gives you the creeps	heart feels like it stopped for a moment	tremble with fear