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UNIT 9 : TAKE CARE

All about holiday health

FIRST AID KIT



**Step 1: Read**

1. Look at the first aid kit and the words in bold in the text. When you go on holiday, do you take a first aid kit with you? What first aid items do you take?

2. Read the advice and answer the questions.

1 What should you put on a blister?

2 What should you do if a snake bites you?

3 What should you always wear in the sun?

4 When should you use the insect repellent?

5 What should you do if you get a headache?

6 What should you do if you feel sick when you're travelling?

## Step 2: Listen

3

3.28 Listen to two friends talking about a mobile app. What is the app called?

4 Listen again and choose the correct answer and tick '✓'

1 With this app, you can ...

- a) talk to a real doctor.
- b) learn what to do in an emergency.

2 You can ...

- a) hear some advice.
- b) watch and listen to someone giving advice.

3 The girl once had a

- a) bee sting
- b) snake bite.

4 The app gives information about

- a) different kinds of medicine.
- b) local chemists.

5 The boy is planning to go

- a) camping.
- b) mountain climbing.

***Happy Learning !***