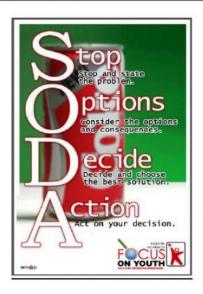
## **Educate Yourself: Examining Consequences**



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A consequence is something that happens as a result of a particular action or set of conditions.

There are good and bad consequences. A bad or negative consequence decreases the chance that a behaviour will occur in the future. Negative consequences are considered to be unpleasant. A negative consequence can result in the loss of a privilege, verbal punishment, corporal punishment or confinement. A good or positive consequence increases the chance that a behaviour will occur in the future. Positive consequences are considered pleasant: Praises, awards or treats. Consequences teach children to think before they act. Children must learn that their actions lead to results that can be positive or negative. Children must learn that life is full of choices. Choices made can greatly influence any outcome. S.O.D.A. S-Stop and state the problem. O- consider the options or choices and the consequences of these choices. D- decide and choose the best solution. A-act on your decision.

**Example**: Child studied for test, the consequence would be a positive one with the child receiving a passing mark.

**Example**: Underage sexual intercourse without protection, the consequence would be a negative one with a child catching a sexually transmitted disease, a teenager with a child, extra bills to take care of a baby.

## Directions: Select the letter next to the likely outcome for each of the actions given.

- You have a quiz tomorrow. You decide to play games all night instead of studying.
- (a) You will pass your test with a high grade.
- (b) Your teacher will be extremely proud of how well you did on the test.
- (c) You will fail your test.
- (d) Your parents will be excited by how well you do.
  - 2. Your teacher goes to the office to take a file. Everyone watches as John sneaks behind her desk and removes money from her wallet. The teacher returns and sees her bag open. Everyone points to John.
- (a) John will receive a commendation from the principal.
- (b) John will be punished for his actions.
- (c) The students in John's class will trust him.
- (d) The teacher will commend John for his actions.
  - 3. Sam is on the line getting lunch. Tom pushes Sam out of the way knocking him to the ground. A teacher observes Tom's actions.
- (a) Tom will be first in line to get his lunch.
- (b) Tom will be made a prefect by the teacher.

What do you predict will happen to Sam?

- (c) Tom will be sent to the Principal's Office to be disciplined.
- (d) Tom will be praised by the teacher for his actions.

## Directions: Read the choice in the scene below. Predict the consequence and explain your thoughts on the decision made.

4. Sam's mother who is a smoker but is trying to quit leaves a half-smoked cigarette in the ash tray. She goes in the kitchen to cook breakfast. Sam's friends have been experimenting with smoking and have been teasing him for being too scared to try to smoke at least once. Sam sneaks the cigarette and puts it to his lips and immediately begins coughing, wheezing, and feeling sick as he inhales the smoke.


Do you think that Sam has made a good choice in his actions? Why or why not?