

Date _____

Muscular System

1. There are _____ muscles in the human body.
2. The muscular system is one of the body systems that is responsible for _____.
 - a. Digestion
 - b. Movement
 - c. Blood flow

4. The _____ muscles are found around the heart.

- a. Cardiac
- b. Smooth
- c. Skeletal

6. The smooth muscles line the insides of the organs of the body.
True False

8. Breads and cereal provide _____ that muscles need to move.

- a. Protein
- b. Calcium
- c. Energy

9. _____ is good for muscles.

a. Chips b. Exercise c. Soda

