LISTENING

TRILL TRAINING & RESEARCH
Institute for Language Learning

Student´s name _____ Date: _____

Listen to the audio and complete the text with the words in the box

Never always run usually Tennis Love sometimes relax hardly ever gym Almost always Energetic exercise Thursday play sports



I am quite an 1. _____person and like to 2. _____ and 3. _____. I 4. _____ go for a short 5. _____ in the morning and then I 6._____ relax over a cup of coffee before getting ready for work. At work we have a 7. _____ league and I 8._____ have a match to play on 9._____. I'm not very good at tennis though and 10. _____ _____ win. In the evenings, I often go to the 11._____ on the way home and 12. _____

13. _____ do some weights. I 14. _____ use heavy ones though. I also don't like the cross trainer and almost never use it. However, I do 15. _____ a sauna after and if I have time, always 16. _____ in it after a long workout.

Taken from: http://soundgrammar.com/materials/M020-AdverbsOfFrequecyOne.html

LIVEWORKSHEETS