

1.1 READING: Alfred's daily routine

Alfred's daily routine

Read the text carefully.

Alfred is an American boy. He lives in Los Angeles, California. He lives with his family in a modern house. He is eleven years old and he has got an older brother, David, and a younger sister, Emma.

He starts his day at about half past seven. He gets up, goes to the bathroom, takes a shower, brushes his teeth and get dressed. Then he has breakfast and at a quarter to eight he leaves home and catches the bus to school.

Classes begin at half past eight. He usually has lunch at the school canteen at half past twelve. After school, at a quarter past five, he goes home. There he does his school homework and when he finishes it he helps his Mum laying the table. At half past seven the family dines together.

Alfred is a very helpful boy, so he helps his mother cleaning up everything after dinner.

He usually watches TV for a while after dinner and at about ten o'clock the most he brushes his teeth again, puts on his Spider Man pajamas and goes to bed. His parents always kiss him good night before he gets asleep. Alfred is a very happy boy!



1 True or False?

- Alfred is an American boy. _____
- He lives in a modern flat. _____
- He is eleven years old. _____
- He has got two brothers. _____
- Alfred wakes up at eight o'clock. _____
- He walks to school. _____
- His classes begin at half past eight. _____
- Alfred and his family have dinner at half past seven. _____

2 Match the antonyms.

- | | | |
|-----------------|---|------------------------|
| <u>modern</u> | • | • <u>enters</u> |
| <u>older</u> | • | • <u>alone</u> |
| <u>starts</u> | • | • <u>end</u> |
| <u>leaves</u> | • | • <u>old-fashioned</u> |
| <u>begin</u> | • | • <u>unhappy</u> |
| <u>together</u> | • | • <u>younger</u> |
| <u>helpful</u> | • | • <u>finishes</u> |
| <u>happy</u> | • | • <u>unhelpful</u> |

3 Answer the following questions.

- Where does Alfred live? -----
- What's his sister's name? -----
- What time does he wake up? -----
- Does he have breakfast at home? -----
- What time does he leave home? -----
- Where does he have lunch? -----
- When does he return home? -----
- Does he make homework at school or at home? -----
- Is he a helpful boy? -----
- What about you? What's your daily routine like? -----

1.2 COLLOCATIONS: BASIC

Collocations – basic

1. Write the words from the box in empty spaces to complete the phrases. Use each word only as many times as it is in the box, make sure that all words are used

get	get	go	go	go	have
have	have	have	come	iron	watch
	buy	do	listen	read	

- | | |
|----------------------|----------------------|
| a. _____ the laundry | i. _____ a book |
| b. _____ up | j. _____ to music |
| c. _____ dinner | k. _____ a shower |
| d. _____ to bed | l. _____ shopping |
| e. _____ TV | m. _____ a newspaper |
| f. _____ home | n. _____ the clothes |
| g. _____ breakfast | o. _____ dressed |
| h. _____ to work | p. _____ lunch |

2. Now match the complete phrases with the pictures below, write the correct letter next to each picture.

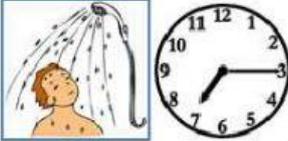
1. 	2. 	3. 	4. 
5. 	6. 	7. 	8. 
9. 	10. 	11. 	12. 
13. 	14. 	15. 	16. 

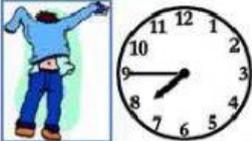
Now look at the example sentences:

A.  I get up at seven o'clock.

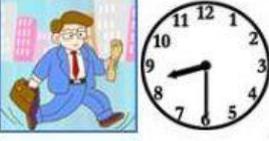
B.  I iron the clothes on Tuesday.

Now complete the remaining examples yourself. Use 'I' to start a sentence.

1.  _____

2.  _____

3.  _____

4.  _____

5.  _____

6.  _____

7.   _____

8.   _____

9.   _____

10.   _____

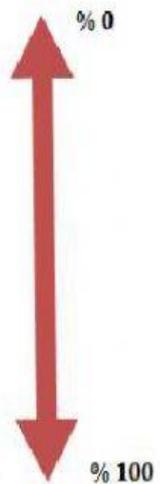
1.3 FREQUENCY ADVERBS

HOW OFTEN ... ?

FREQUENCY ADVERBS

I **usually** go to the cinema.
 They are **sometimes** late.
 She doesn't **usually** eat vegetables.

HOW OFTEN
DO YOU GO
TO THE



My friend is always happy.

0.

1.

2.

3.

....

4.

5.

....

6.

1.4 PRESENT SIMPLE

<i>Affirmative</i>	<i>Interrogative</i>
<p>A) Choose the correct option.</p> <ol style="list-style-type: none"> 1. I <u>eat</u> / <u>eats</u> vegetables every day. 2. You rarely <u>drink</u> / <u>drinks</u> coke. 3. Pamela <u>like</u> / <u>likes</u> strawberries. 4. Richard and Paul <u>like</u> / <u>likes</u> watermelon. 5. Peter <u>adore</u> / <u>adores</u> chicken. 6. Susan never <u>have</u> / <u>has</u> breakfast. <p>B) Fill in with the Present Simple of the verbs given.</p> <ol style="list-style-type: none"> 1. Harry _____ (eat) an ice-cream a day. 2. Violet _____ (hate) garlic. 3. They _____ (eat) soup regularly. 4. Children usually _____ (like) soup. 5. Daniel _____ (enjoy) eating pasta. 6. I always _____ (eat) lunch at home. 7. We usually _____ (drink) milk for breakfast. 	<p>A) Fill in with <u>Do</u> or <u>Does</u>.</p> <ol style="list-style-type: none"> 1. _____ you like salad? 2. _____ Paul like peas? 3. _____ they eat bananas? 4. _____ Charles drink juice? 5. _____ your cat drink milk? 6. _____ Sally like cheese? <p>B) Rewrite the sentences in the interrogative.</p> <ol style="list-style-type: none"> 1. They prepare dinner. 2. Sally and Alan like broccoli. 3. David drinks lemonade. 4. Emma likes peaches.

Negative

A) Fill in with don't or doesn't.

1. Mark _____ like salad.
2. Bella _____ eat watermelon.
3. Mark and I _____ drink tea.
4. My mother _____ drink wine.
5. David and Philip _____ like peas.
6. I _____ eat lettuce.

B) Rewrite the sentences in the negative.

1. I eat oranges.
.....
2. Kate likes butter.
.....
3. Julie and Garry drink much water.
.....

Short Answer

A) Write the answer according to the symbol.

1. Does Rita like strawberries?
..... (✓)
2. Do they eat yoghurt?
..... (✓)
3. Does Susie like garlic soup?
..... (✗)
4. Does your father eat lunch at home?
..... (✗)
5. Do your parents prepare meals?
..... (✓)
6. Does Sophie like fish?
..... (✗)

1.4.1 Watch this explanation about the present simple. Special attention to grammar (3rd person)

<https://www.youtube.com/watch?v=XkY4mo0VclQ>

1.5 CAN / CAN'T

CAN / CAN'T			
<p>We use CAN to talk about abilities (what people can / can't do). Eg.: I can play the guitar.</p> <p>She can play soccer.</p>	<p>AFFIRMATIVE:</p> <p>Subject + CAN + Verb</p> <p>Eg: They can run very fast.</p>	<p>NEGATIVE:</p> <p>Subject + CANNOT + Verb (can't)</p> <p>Eg: He can't play the piano.</p>	<p>INTERROGATIVE:</p> <p>CAN + Subject + Verb</p> <p>Eg: Can you ride a bike?</p>

1. Complete the sentences with can or can't. Then, match the sentences with the pictures.

- a. He _____ make biscuits.....
- b. He _____ play the violin. He _____ play the guitar.
- c. Mickey _____ make paintings.
- d. Bob _____ cook delicious kangreburguers.
- e. They _____ cook alone but they _____ cook with their mother.
- f. Donald _____ drive a car.
- g. They _____ swim.
- h. He _____ sing. He has a terrible voice!
- i. He _____ speak German.



2. Complete these sentences about you. Use CAN / CANT.

- a. I _____ read long books.
- b. I _____ jump high.
- c. I _____ play video games for many hours.
- d. I _____ fly.
- e. I _____ ride a bicycle.
- f. I _____ play the piano.

1.6 PRACTICE ON-LINE:

<https://www.ego4u.com/en/cram-up/tests/simple-present-1>