

Religious Education

### The Advent Wreath

Advent encompasses the four Sundays and weekdays leading up to the celebration of Christmas.



The Advent season is a time of preparation for our hearts and minds for the anniversary of the Lord's birth on Christmas.

Advent wreaths were made out of evergreen leaves, twisted together in a circle to symbolize endless life. They are now usually made of plastic.

There are normally four candles on the Advent Wreath. Each candle is lit on one of the four Sundays leading up to Christmas. The colour of these candles can vary, but it is common that the first, second, and fourth candle is purple, while the third candle is red, or pinkish. In some cases, a fifth white candle is placed in the middle of the wreath and lit on Christmas Day itself.



Collect 5 toilet paper rolls to make your own Advent wreath next week.