



CAE Listening task 2

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1. The reason why Matt followed in the steps of Morgan Spurlock was because he was
2. The time you need to acquire a habit is
3. The first Tom's challenge was to _____ every day for a month.
4. Matt went from _____ to a bike-lover.
5. When he was in Africa, he ended up
6. If you want to write a novel in a month, you should write _____ words a day.
7. Matt considers his first novel to be
8. Small _____ challenges are easier to be accomplished.