

SPEAK UP

LEAD IN

Match the pictures with the correct type of violence:



A



B



C

i. Your partner hits you or pushes you.

ii. Your partner forces you to have sex.

iii. Your partner controls you and humiliates you.

1. Sexual violence _____

2. Psychological violence _____

3. Physical violence _____

LISTEN AND READ

Listen to and read the infographics about violence against women and girls.

INFOGRAPHIC 1

SIGNS OF A HEALTHY RELATIONSHIP



- ✔ You have time to spend with your friends and family.
- ✔ Your partner respects your decisions.
- ✔ You do activities together and help each other.
- ✔ You talk to find a solution to any problem.

VIOLENCE AGAINST WOMEN USUALLY COMES FROM THEIR PARTNERS

- Physical**
Your partner hits you or pushes you.
- Sexual**
Your partner forces you to have sex.
- Psychological**
Your partner controls you or humiliates you.

Call **100 100** for help!

LOVE BUILDS, IT DOES NOT DIVIDE 

DO NOT TOLERATE VIOLENCE!

INFOGRAPHIC 2



According to Infographic 1:

- Controlling your partners is an example of _____.
 - physical violence.
 - psychological violence.
 - emotional violence.
 - Options a. and b.
- An example of physical violence is _____.
 - forcing your partner to have sex.
 - humiliating your partner in front of other people.
 - pushing your partner.
 - Options a. and c.
- You can call 100 if _____.
 - you are a woman.
 - you are a victim of violence.
 - you know a victim of violence.
 - Options b. and c.

According to Infographic 2:

- The three types of violence against women and girls are: _____.
 - physical, sexual and psychological.
 - physical, emotional and psychological.
 - violent and non-violent.
 - Options a. and c.
- One in every three women is a victim of _____.
 - violence against women.
 - sexual or psychological violence.
 - physical or sexual violence.
 - Psychological violence.
- Some consequences of violence against women and girls are _____.
 - injuries and depression.
 - unwanted pregnancy.
 - problems with your partner.
 - Options a. and b.

LET'S PRACTISE!

PRACTISE - EXERCISE 1:

Label the parts of the infographic. You can use the words from the box more than once. Follow the example.

PICTURE - MESSAGE - RELIABLE INFORMATION / FACTS

Example: PICTURE

1.

2.

3.

4.

5.

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PRACTISE - EXERCISE 2:

Match each sentence³ with the graphic or picture. Follow the example.

RELIABLE INFORMATION PICTURES

Example: 35% women experience physical or sexual violence. A

- Violence has serious consequences in women's mental health. _____
- Violence against women normally comes from their partner. _____
- Violence against women and girls is a problem around the world. _____
- In a healthy relationship, partners respect each other. _____

A

B

C

D

E

