

WATCHING

LESS STUFF, MORE HAPPINESS – Graham Hill, TED-Ed

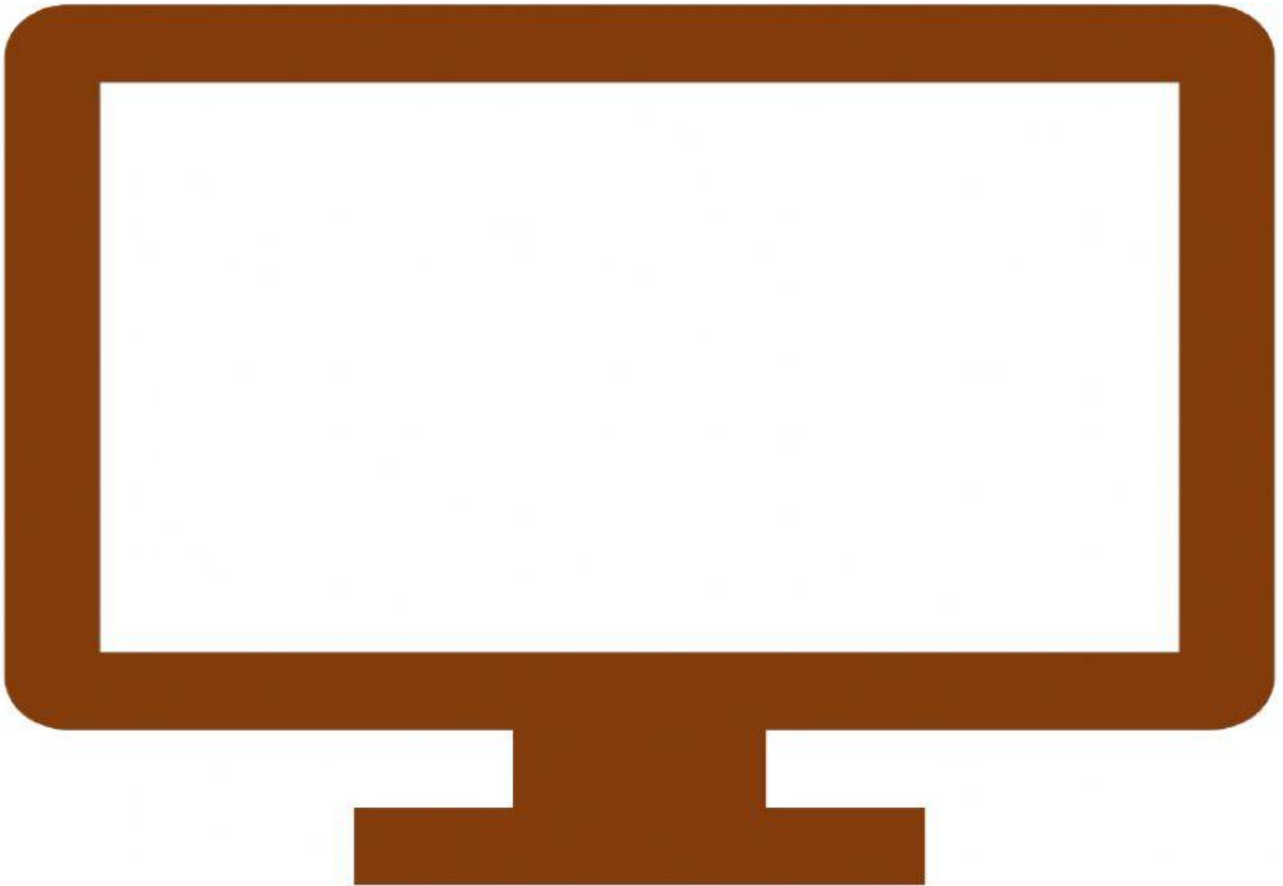
1) Predict: what is the video about (Less Stuff, More Happiness)?

2) Drag the key words in the box to their meanings:

ease	environmental footprint	extraneous	
flatline	housewares	multifunctional	ruthlessly
save money	shopper	storage	

	space for storing
	a person who shops
	impact on the environment
	to be economical in expenditure.
	to be at a low level and not increase
	freedom from concern, anxiety, or solicitude; a quiet state of mind
	without pity or compassion
	not pertinent; irrelevant
	having or able to perform many functions
	articles of household equipment, as kitchen utensils, or glassware

3) Watch the video:



4) According to the video, write the correct numbers (use numerals):

a) Americans have about _____ times the amount of space they did _____ years ago.

b) The personal storage industry is _____ billion-dollar and a _____ billion sq. ft. industry.

c) Graham Hill crowdsourced a _____ sq. ft. apartment and he wanted it to have a sit down dinner for _____.

5) Complete: Having more space made us to become good shoppers, which leads to:

i) Lots of _____

ii) Huge _____

iii) Our _____ levels _____ over 50 years

6) Complete with one word (the first letter of each answer is given): what are the joys of less?

i) C _____

ii) T _____

iii) C _____

7) Complete Hill's suggestion:

According to Hill, less _____ and less _____ are going to equal a smaller _____. And it's going to save you some _____, and give you more _____ in your life.

8) Select: what are the things Hill want to have at his apartment?

couple of bags	home office	jewelry box
paperwork	sit down dinner for 12	
six burner stove	room for guests	books
room for all his kite surfing gear		

9) Complete using verbs: read about Hill's first approach.

The first approach is to _____ ruthlessly.

You have to _____ the arteries of your life, _____ the extraneous and _____ to _____ the inflow.

It's necessary to _____ before you _____. _____ yourself, "Is that really going to make me happier? Truly?"

By all means, you should _____ and _____ great stuff.

Stuff you are going to _____ for years, not just stuff.

10) Complete the table about Hill's second approach.

a	Hill's mantra is	
b	He wants to space	
c	Things must be designed for	
d	His example is	
e	To make things disappear he suggests	

11) Complete Hill's third approach. Watch the video again, if necessary.

He wants _____ and _____.

His examples are:

- i) a _____ combined with a _____;
- ii) a _____ becomes a _____;
- iii) a little _____ stretches out to _____ 10;
- iv) the _____ grows in height and width to _____;
- v) his _____ is easily hidden;
- vi) his _____ pops out of the _____;
- vii) moving the _____ you find some guest _____.

Submit your answers

12) Tell me (in English):

a) Hills says "We've got to clear the arteries of our lives. And that shirt that I hadn't worn in years? It's time for me to let it go."

What do you think is the meaning of this metaphor "clear the arteries of our lives"?

b) What do you think about Hill's suggestions?

c) Do you think you have too much stuff?

d) Would you live in a small apartment?

e) In your opinion, are there benefits to live in a small place and have few things?