


In your SKILLS Book.



Dear Aunt Aysha,

I am looking for a free time activity to do in my village. I am very interested in keeping fit and healthy and I like keeping active and busy. I have a good sense of balance and I'm good at catching balls and things. I hope that you can suggest some interesting free time activities for me.

Best wishes,  
Ahmed

1

Dear Aunt Aysha,

I am writing to you to ask for your help finding a new free time activity which I can do with my friends. I like working with people and I often help people in my town. I have good organisational skills and I work very well in a team. I hope you can suggest some interesting activities to do with my friends.

From,  
Sara

2

Dear Aunt Aysha,

I am going to visit my uncle in Sharqiya next month and I want an activity to do in my free time. I like books with illustrations and I find that pictures help me remember things. I am very good at reading maps and tables. I hope you can help me find something to do!

Best wishes,  
Yahya

3

Dear Aunt Aysha,

I am thinking about starting a new hobby for the school holidays but I can't decide what to do. I've got lots of friends but I really like doing things by myself. I'm very careful and my teacher says I'm very good at planning and organising my work.

I'm looking forward to hearing from you,  
Noor

4

**Ahmed**

**Sara**

**Yahya**

**Noor**

## 2 Read Aunt Aysha's advice.

Listen and think who Aunt Aysha is replying to.

Dear .....

You obviously have a very strong visual intelligence because you understand things better when you can see a picture or diagram. I think you should try doing some art such as drawing, painting and making models. You could draw a map or diagram of your village, make a book or a poster. Don't forget that some videos can also be a really useful and interesting way to spend your free time!

Dear .....

You certainly sound full of life and energy! You seem to be a person who likes activities which get you to move and use your body. I am sure that you will enjoy all kinds of team sports and games such as football and basketball. I know that fishing, jogging, cycling and horse riding will keep you fit but why don't you try more unusual activities such as roller skating, skateboarding and surfing? Remember to stay safe as well as busy!

Dear .....

You understand yourself very well and you appear to like peaceful activities that you can do by yourself. I think that you might enjoy computing, making models, collecting things or sewing. Why don't you try one of them?

I hope you have lots of fun doing your new activity.

Dear .....

Well now, you seem enjoy working with people so I think you will enjoy activities that you do with other people such as acting or playing board games. Perhaps you should also think about joining the Guides because they do lots of interesting group activities. You also wrote that you are good at organising people so you could start a club for students in your village or help organise trips for people in your community.

I hope this helps. Good luck with your new activity!