Week 1

Primary 3/4

The Write Tribe

FALLING SICK

LIVEWORKSHEETS

Topic: Falling sick

Write a composition of least 120 words using one, two or all the pictures below.

You may make use of the following points.

- How did you fall ill?
- How did it feel to be ill?
- Did you see a doctor?
- What did you do while you were sick?
- What lesson did you learn?

PROVERB FOR THE TOPIC: *Health is wealth.*

Objective for week 1 lesson:

Introduction ☑

Conflict ☑

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Useful Words

Word	Meaning	Sentence
stench	a strong and unpleasant smell	The stench of rotting food was unbearable.
lingered	take a long time to leave or disappear	the scent of her perfumed lingered even after she left the room.
expiration	coming to an end of a period	I threw away food that were past the expiration date
inclined	wanting to do something	I felt inclined to trust him
stormy	Bad mood. Full of angry or violent outbursts.	John was in such a stormy mood that he scolded anyone who crossed him.
wolfed down	to eat something very quickly especially if you are in a rush	I wolfed down my breakfast and ran to school.
gnawing	uncomfortable, worrying or painful	The pain in her tooth was gnawing at her.
clutching	holding tightly onto something	She clutched onto her wallet tightly when she saw the suspicious man.
ruckus	noisy situation or argument	The boy caused a ruckus that everyone covered their ears
mustered	to gather	I mustered up my strength and lifted the heavy drum.
fled	to flee or run away	She fled from the scene in seconds
intimate	private and personal	We were intimate friends
precisely	exactly	This is precisely why it's important to take care of your health.

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Useful Phrases

Stomach ache

a gnawing pain radiated from my tummy.

I felt like I was about lose complete control of my bowels

I felt a throbbing sensation in my upper stomach area.

Pain ricocheted through my abdomen

Trembling with pain.

I was twisting and turning in agony.

Feeling sick

I could tell from the look on my friend's face that my face had turned a goblin green.

My face was paler than a white sheet of paper.

My complexion was pallid

Explosive diarrhea

Brown goo fell on everyone like confetti.

Everyone's white uniforms were painted brown.

Everyone was covered with brown goo from head to toe.

Bowel emergency

My bowel emergency clearly went past critical

The explosion in my bowels were ready to happen any moment now.

Smell

The stench was so unbearable, everyone turned up their noses.

Embarrassment

My face was redder than the reddest lipstick in my Mom's makeup drawer

My face was redder than a tomato.

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Story Study

Fill in the blanks with the correct words.

stench	**wolfed down**	**stormy**
expiration	**worry wart**	**ruckus**
fled	**inclined**	**gnawing**
clutching		

Diarrhea is bad. Explosive diarrhea is unbelievably bad. I learnt the lesson the hard way. It was so unforgettable, the (1) _____ lingered for days. It all started with a piece of cake. I was at the canteen with my best friend, Josh. "I don't think you should eat that cake. It's way past its (2) _____ date. " Josh warned. My friend Josh is a (3) _____ and naturally I wasn't (4) _____ to take his advice.

Boy, was I wrong.

"Come on! What could possibly go wrong?" I laughed and (5) _____ the entire cake.

Everything was fine until I reached the classroom. It was Math lesson. Let me tell you a little about my teacher, Miss Rudy. She's the meanest teacher in our entire school. Today in particular, she was in a (6) _____ mood thanks to my classmates causing a (7) _____. Halfway through the lesson, I felt a (8)_____ pain in my tummy. I mustered up courage and raised my hand, "Teacher, I really need the toilet!" I squeaked.

"No. We've had enough disruption today." she replied curtly. "But, I really need it!" I croaked, (9) _____ my tummy. It fell on deaf ears. I could feel my potty emergency going past critical. I couldn't hold it any longer. Within seconds, our white

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uniforms were painted brown. Everyone got to know me on such an intimate level that day that they could tell what I had for recess. Not only Miss Rudy's glasses were stained brown, she was covered with brown goo from top to bottom. "Get out!" she screamed at the top of her lungs. I (10) _____ from the classroom and headed straight to the boys' toilet. I spent so much time on the toilet bowl, I swear I became 'best friends' with it. That's precisely how I learnt not to ever eat expired food ever again. Health is wealth.

What makes a good story structure?

INTRODUCTION	CONFLICT	CLIMAX	CONCLUSION
Introduce main character Foreshadowing	Problems and obstacles you face.	Problems escalates. Tension builds	Problem gets solved. How did you feel when the problem was solved? Lesson learnt
Paragraph: 1	**Paragraph: 2**	**Paragraph: 3**	**Paragraph: 4**

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Introduction - Paragraph 1

Objective -
Introduce the main character or any side character.
Where are they? What are they doing there?
Introduce what food item will cause food poisoning.

1. Start with the lesson learnt.

E.g I was not always the kind of boy to check food items for their expiration dates. However, after a chronic case of diarrhea last year, I learnt a valuable lesson.

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2. Give us an idea of how bad the experience was.
E.g It was the worst experience ever! I spent hours and hours on the toilet.

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3. Ease into a flashback
E.g It all started like this. I still remember like it happened yesterday.

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4. What kind of day was it? Where were you? Who were you with?
E.g It was a balmy Monday afternoon. I was in the canteen with my best friend, Jake.

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5. Describe what kind of person your friend is? Give us an example of how his or her character is like?
E.g Let me tell you a little about Jake. He's such a worry-wart. He worries for everything.

_____

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_____

6. Introduce the food item that will give you food poisoning. How did it look like?
E.g I peeled off the plastic wrapping around my favourite sponge cake. It looked so yummy.

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7. How did you know it was expired? Did your best friend warn you? Use a dialogue.

E.g "It's way past the expiration date. I don't think you should eat that?" Jake warned. ***(Don't use said)***

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8. Why didn't you listen to your best friend?

E.g I was way too hungry to be bothered with Jake. Besides, he worries for everything!

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9. How did you eat that cake? Think of words like wolfed down, gobble or even gulp?

E.g I gobbled up the entire cake in mere seconds.

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