

Food and Health

Draw lines to match the following.

Column A

1. 
2. 
3. 
4. 
5. 
6. 
7. 


Column B

- energy-giving food
- body-building food
- protective food
- junk food

Teacher's signature: _____

Food and Health

Tick (✓) the good eating habits and cross out (✗) the bad eating habits.

1.  ☐ ☒ ☐
2.  ☐ ☒ ☐
3.  ☐ ☒ ☐
4.  ☐ ☒ ☐
5.  ☐ ☒ ☐

Teacher's signature: _____