

## 1 Growth Mindset vs. Fixed Mindset

Watch the video and answer the questions. [https://www.youtube.com/watch?v=KUWn\\_TJTrnU](https://www.youtube.com/watch?v=KUWn_TJTrnU)

New Words

- 1) What is 培養 in English?
- 2) What is 學習機會 in English?
- 3) What is 逃避 in English?
- 4) What is 定型心態 in English?
- 5) What is 成長心態 in English?
- 6) What is 智力 in English?
- 7) What is 才能 in English?
- 8) What are 特質 in English?
- 9) What is 可以經由練習來發展出新能力 in English?
- 10) What is 學習的技巧 in English?
- 11) What is 逃避挑戰 in English?
- 12) What is 擁抱任何挑戰 in English?

the skill of learning		avoid challenges
traits	new abilities can be developed through practice	
avoid	embrace any challenge	talent
cultivate	growth mindset	fixed mindset
	opportunities to learn	intelligence

- 1) What kind of person avoids challenges?

- 2) What kind of person sees problems as interesting challenges ?
- 3) What kind of person is afraid of other people's success?
- 4) What kind of person celebrates other people's success ?
- 5) What kind of person tries to do things the quick and easy way ?
- 6) What kind of person tries to learn new things ?
- 7) What kind of person is afraid of failure?
- 8) What kind of person knows failure is a part of learning?
- 9) What kind of person stops trying whenever something is hard to learn?

10) What kind of person keeps trying even when something is hard to do?