

ADVENTURE SPORTS

Adventure Sports is also known as extreme sports. It is a popular term for a sport or activity that is dangerous. these activities often involve speed , height , physical fitness and specialized gear.

There are more than forty types of extreme sports. some of them are rock climbing, white water rafting , kite boarding and bungee jumping.

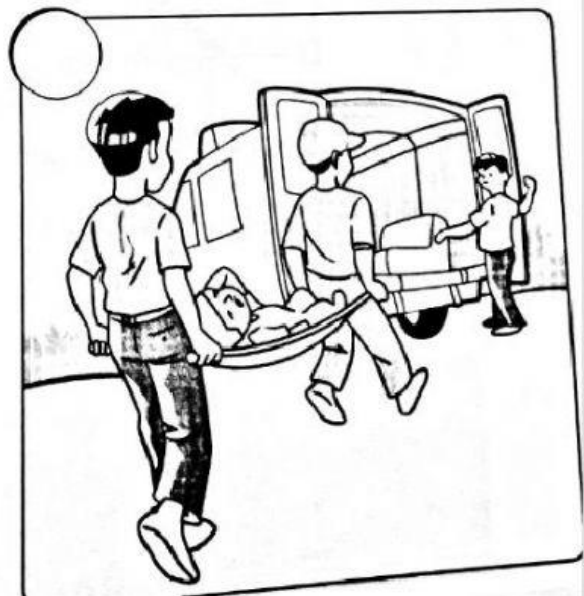
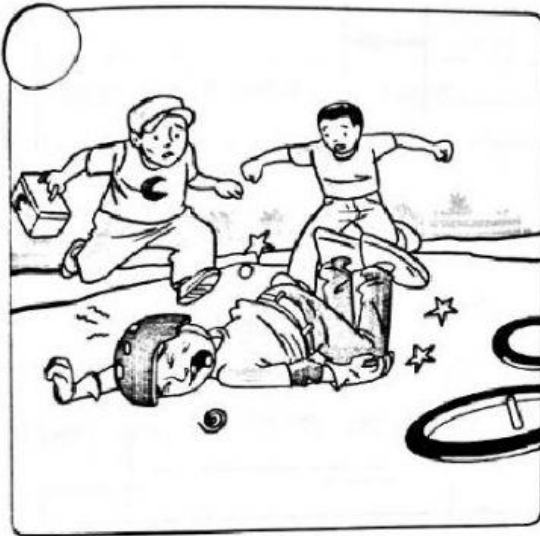
Most young people enjoy doing adventure sport, they like the thrills and excitement of these sports. although extreme activities are dangerous, proper safety gear would reduce the risks.

Adventure sports are becoming more popular. They challenge people to challenge themselves as these sports require discipline and concentration. There are always new skills and tricks to learn. By overcoming the fear related to high-risk sports, a person`s self confidence will grow.

SECTION A

Read the text. Then number the pictures in the correct sequence.

Amir loves taking part in BMX competitions. One day, he fell during a race. He injured his right leg. He was in a lot of pain. The medical officers came to help him. They found out that he had broken his leg. Amir was quickly sent to the hospital. The doctor said he had to rest for at least 6 months before he could race again.



SECTION B

Complete the map to show the sequence of events in the story previously.

