How materials can change

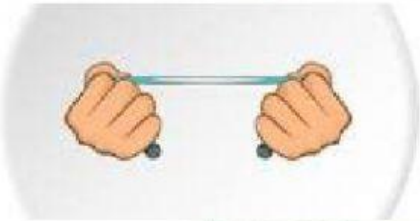
- bend

- squash

- twist

- stretch

- squeeze



- scrunch

- cut