



Saint John School
San Juan, San Ildefonso, Bulacan
MONTHLY TEST
SECOND QUARTER
SCIENCE VI

Name: _____

Grade and Section: _____

Teacher: Elizabeth C. Regala

Score: _____

Note: WRONG SPELLING is WRONG.
NOT following the direction is WRONG.

I. Read each item carefully. Choose your answer from the word bank and write it on the line.

sprain surgery ligament porous bone accident torn cartilage
compound fracture arthritis muscular dystrophy osteoporosis rickets
soft tissue sarcoma joint dislocation simple fracture fracture medicine
 posis bone skin cancer psoriasis

- _____ 1. It may happen and sometimes cause injuries to the bones.
- _____ 2. It occurs when a ligament in a joint is overstretched or torn.
- _____ 3. It is a fracture that can cause open wound.
- _____ 4. It is a common knee injury in sports.
- _____ 5. It is a condition in which the muscles become weak.
- _____ 6. It is caused by vitamin D and calcium deficiency.
- _____ 7. It is the most common bone disorder.
- _____ 8. It is a cancer of the soft tissues.
- _____ 9. It is caused by the breakdown of cartilage at the end of the bones.
- _____ 10. It can be caused by a fall or pressure in the bone.
- _____ 11. It is often caused by a sudden impact of the joint.
- _____ 12. It is a crack or break of the bone that does not pierce the skin.
- _____ 13. It will damage as a result of dislocation.
- _____ 14. Osteoporosis literally means ____.
- _____ 15. Soft-tissue sarcoma may be treated by ____.

II. Write FIRST if the statement is correct and AID if it is not.

- _____ 16. Move and realign the bone of the patient even you are not trained to do it.
- _____ 17. Call for the professional medical for help.
- _____ 18. Stop any bleeding.

_____ 19. Apply hot compress for sprain.

_____ 20. If the person faints let her lie down with the head slightly lower than the rest of her/his body.

_____ 21. Apply pressure to the wound with a sterile bandage or a clean piece of cloth.

_____ 22. Rest the injured area.

_____ 24. Apply cold compress for sprain and strain for the first 48 hours to reduce pain and swelling.

III. Write the meaning of the acronym R-I-C-E-R.

25. _____

26. _____

27. _____

28. _____

29. _____

IV. Read each item carefully. Write **TRUE** if the statement is true. If it is **false**, replace the **underlined words** with the word that will make the statement true.

_____ 30. Tendinitis is the swelling of the tendon.

_____ 31. Torn cartilage is also called as meniscus tear.

_____ 32. Muscular dystrophy is an inherited disorder that affects the nervous muscles.

_____ 33. Rickets is caused by vitamin A deficiency.

_____ 34. A person who has osteoporosis has brittle bones.

_____ 35. A fracture occurs when a ligament in a joint is overstretched.

_____ 36. A person with fractured bone suffers mild pain.

_____ 37. Soft-tissue sarcoma is a cancer of the soft tissues.

_____ 38. There is no cure for muscular dystrophy.

_____ 39. Arthritis is caused by the breakdown of cartilage at the end of the bones.

_____ 40. If the bone breaks through the skin and caused an open wound it is called as compound fracture.