

PROGRESS CHECK

1 Choose the correct words.

- I usually put milk and honey on my cereal / **steak** at breakfast.
- My grandmother still **bakes** / **boils** her own bread every week.
- Lots of people enjoy **grilled** / **boiled** eggs and toast in the morning.
- A popular Italian dish is pasta with fresh **tomato** / **potato** sauce.
- The chef **fried** / **boiled** the steak in a little oil for a few minutes.
- You need to **roast** / **boil** this rice for about 15 minutes.
- Sheep's milk makes the best **honey** / **yoghurt**.
- My favourite way to cook meat is to **bake** / **roast** it.
- Some people think that olive **honey** / **oil** is good for you.
- We had **grill** / **grilled** chicken with a green salad for lunch.

2 Complete the sentences and questions with the past simple form of the verbs in the box.

bake | buy | decide | eat | go | invite | look | meet
take | think

- We a cake in our cookery class this afternoon.
- Annie to go to the new restaurant on Church Road for dinner.
- Where you that honey from? It's delicious.
- They at the menu for a long time before they ordered.
- Who you at the café this afternoon?
- We to the café today because it was closed.
- I'm really hungry. I anything for breakfast this morning.
- Where's our food? The waiter our order 45 minutes ago.
- What you about the meal we had last night?
- My sister about 20 people to her birthday party at the pizza restaurant.

Cumulative progress 1 2 3 4 5 6 7 8 9 10 11 12

3 Write one word in each gap to complete the text.

(1) December 2010, 12-year-old Alec Johnson (2) very excited about Christmas. He asked his dad for a mobile phone and a laptop. But his dad didn't listen (3) him. He didn't think his (4) needed all those things. And he wanted Alec to understand this.

Alec and his family lived in San Diego, California. Lots of homeless people live on the streets there. Michael wanted Alec to (5) something good. So, one Sunday morning, the family (6) egg and cheese snacks in their kitchen. One of Alec's friends, Luke, also came round to help. (7) , they went into the city centre to give them to poor people.

The snacks were very popular and Alec and (8) friend enjoyed helping other people. They decided to do it every Sunday and they soon became known as the *Burrito Boys*. Soon, more of their friends joined them. They started a group called *Hunger2Help, Kids Taking Action*, and they go (9) every Sunday and give clothes, water and hot food to poor people who need help.

'The Burrito Boys look (10) us. I'm really happy they are here to help. And I think it's great that young people really care about us,' says Bill, a local homeless man.

