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Part 1
Listening

Listen and fill in the blank with **ONE WORD OR A NUMBER**.

1. A good diet and regular exercise should keep you _____.
2. Your body needs enough _____ to strengthen muscles and bones and reduce your chances of getting sick.
3. Dairy products in the form of milk and _____ provide your body with necessary calcium.
4. Don't eat too much red _____ because it is not good for your heart.
5. Adults need at least _____ minutes of daily exercise.

Part 2
Pronunciation

Circle the letter A, B, C or D to indicate the word that has the underlined part pronounced differently from the rest.

1. A. arrive B. looked C. measured D. returned
2. A. abundant B. travel C. character D. biogas
3. A. plane B. safety C. traffic D. station
4. A. energy B. fly C. chemistry D. technology
5. A. obey B. survey C. grey D. key

Part 3
Vocabulary and grammar

Circle the best answer to complete each of the following sentences.

1. The plot of the film is _____.
A. bored B. boring C. interested D. acting
2. A _____ is a film that tries to make us laugh.
A. sci-fi B. documentary C. comedy D. horror film
3. _____ is this book? – It's \$5.
A. How far B. How long C. How much D. How often
4. I _____ to Hanoi ten years ago.
A. move B. moved C. moves D. are moving

5. Fossil fuels are _____ energy sources.
 A. modern B. renewable C. non-renewable D. old
6. I get up early, _____ I have many things to do.
 A. or B. but C. although D. because
7. They laughed _____ him.
 A. at B. with C. in D. on
8. At 7.00 tomorrow, we _____ to school.
 A. walk B. walked C. will walk D. will be walking
9. If you commit a _____, you will be punished.
 A. law B. crime C. mistake D. fault
10. - Hung: "Congratulations on your new job!" - Lan: "_____."
 A. I'm sorry B. Thank you C. I don't know D. You're welcome.

Part 4
Reading

Read the passage and decide whether the following statements are True (T) or False (F).

Human overpopulation is one of the biggest social problems that many countries have to face all over the world. When human population increases dramatically, there will be insufficient sources to support people in order to keep on living. Some needs are very important for humans to survive such as water and food. The main causes of overpopulation are high birth rates, high life expectancy, and low mortality rate.

Some effects of human overpopulation are increasing pollution, overcrowded space, lack of water and food supplies and starvation. It is possible that environmental disasters will happen due to overpopulation.

Write True (T) or False (F).

1. Few nations have to face overpopulation. _____
2. When there is a growing population, there will be not enough sources for people to maintain their lives. _____
3. High life expectancy is one of the primary causes of overpopulation. _____
4. Human overpopulation does not make pollution increase. _____
5. Environmental disasters will be likely to occur because of overpopulation. _____

Part 5
Writing

Rewrite the following sentences, beginning with the given words.

1. We will reduce the use of electricity in the future.

→ The use of electricity

2. These are my books.

→ These books

3. Despite having a lot of money, she refuses to lend him.

→ Although

4. What is the price of a loaf of bread?

→ How ?

5. My mother doesn't type as fast as she used to.

→ My mother used