

For and Since

- We use "For" + a period of time (2 hours, 5 weeks, etc.):



I've been waiting for two hours.



- We use "Since" + the start of a period (8 o'clock, Monday, 1999, etc.):



I've been waiting since 8 o'clock.

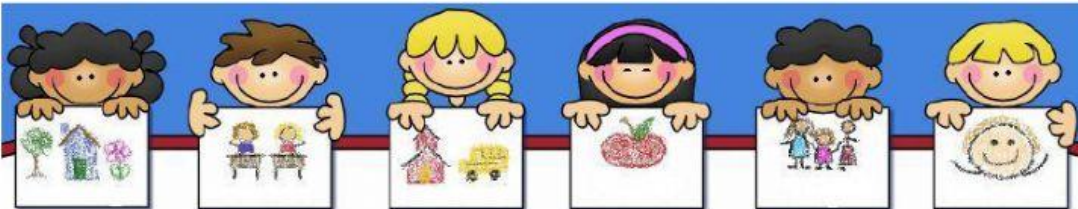


For:

Two hours	A long time	A week
20 minutes	six months	ages
Five days	50 years	years

Since:

8 o'clock	April	Lunchtime
Monday	1985	We arrived
12 May	Christmas	I got up



Practice #1: Write "For" or "Since"

1. It's been raining _____ lunchtime.
2. Sarah has lived in Paris _____ 1995.
3. Paul has lived in London _____ ten years.
4. I'm tired of waiting. We've been sitting here _____ an hour.
5. Kevin has been looking for a job _____ he left school.
6. I haven't been to a party _____ ages.
7. I wonder where Joe is. I haven't seen him _____ last week.
8. Jane is away. She's been away _____ Friday.
9. The weather is dry. It hasn't rained _____ a few weeks.



Practice #2: Write the answer using the words in brackets.

Example:

➤ Do you often go on holiday?

(no/five years) No, I haven't had a holiday for five years.

1. Do you often see Sarah?

(no/about a month) _____

2. Do you often go to the cinema?

(no/a long time) _____

3. Do you often eat in restaurants?

(no/ages) _____

