

Vocabulary

1 Przyporządkuj wyrazy do właściwych kategorii.

beef butter cheese onions sausages spinach

| dairy | vegetables | meat |
|-----------------|------------|---------|
| 1 <u>butter</u> | 3 _____ | 5 _____ |
| 2 _____ | 4 _____ | 6 _____ |

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Grammar

2 Uzupełnij zdania właściwą opcją: A lub B.

- 1 I eat a lot of cheese.
A a lot of B a few
- 2 There isn't _____ milk in my tea.
A enough B many
- 3 Strawberries don't contain _____ sugar.
A many B much
- 4 _____ water do you drink every day?
A How many B How much
- 5 I eat _____ avocados every month.
A a few B a little
- 6 Don't drink too _____ fruit juice!
A much B many

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3 Uzupełnij zdania wyrazami z ramki.

as less more most than the

- 1 These crisps are cheaper than those crisps.
- 2 Your jacket is _____ beautiful than mine.
- 3 This is the _____ expensive restaurant in town.
- 4 This curry isn't as spicy _____ that curry.
- 5 Cooking in a kitchen is _____ dangerous than cooking over a fire.
- 6 This cheese is _____ tastiest cheese you can buy.

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Reading

4 Przeczytaj tekst poświęcony pewnemu młodemu bloggerowi. Oznacz zdania literami T (true – prawda) i F (false – falsz).

- 1 Alessandra stopped going to school when she was fourteen. T
- 2 She started eating different food.
- 3 Her food blog wasn't very popular.
- 4 She wanted to help other people with food problems.
- 5 Her book didn't sell many copies.
- 6 Her recipes are only vegetarian.

The Foodie Teen

When Alessandra Peters was about fourteen, she was very ill. She was thin and she didn't have much energy, so she couldn't go to school. A doctor diagnosed her with a lot of food allergies, so she decided to change her eating habits.

Alessandra wanted to know exactly what was in her food, so she stopped eating fast food and she learned to cook. Her health improved, and her friends and family liked her recipes, so she started a blog called *The Foodie Teen*. In her blog she shared her recipes and her opinions about healthy eating, and it soon attracted thousands of followers. Alessandra started to receive positive messages from other teenagers with food allergies. The messages inspired her to continue with the blog. She was happy that she could help other people with it.

When Alessandra was seventeen, a big publishing company contacted her and asked her to write a cookery book. She was very surprised, but the book was a big success.

The recipes in *The Foodie Teen* cookery book don't have any sugar, milk or gluten in them. But the difference between Alessandra and lots of other food bloggers is that her recipes include burgers, cakes and chocolate – not just salads and fruit.

Alessandra knows that what you eat can affect your life, but she doesn't believe that any foods are 'good' or 'bad'. Everybody needs a few treats now and then!

5 Zakreśl właściwą opcję.

- 1 Pass me the **glass** / **bottle** / **packet** of water, please.
- 2 Mum always **adds** / **mixes** / **peels** the carrots before she cooks them.
- 3 We need to **add** / **cut** / **peel** the onions to the meat.
- 4 Please can you **cut** / **mix** / **peel** the bread?
- 5 Let's open a **bunch** / **tin** / **glass** of soup.
- 6 I've got a **slice** / **bunch** / **bottle** of pizza.

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Listening

6 04 Posłuchaj rozmowy o owocu nazywanym durianem. Zakreśl właściwą opcję.

- 1 The durian smells **horrible** / **nice**.
- 2 It's **normal** / **unusual** to cook a durian.
- 3 You **can** / **can't** use it in medicine.
- 4 They **are** / **aren't** popular in China
- 5 One person paid about **€50,000** / **€60,000** for a durian.
- 6 In some countries, you **can** / **can't** eat it on public transport.

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7 Popraw błędy w zdaniach.

- 1 Peel a **little** carrots. few _____
- 2 Don't drink too many **cola**! _____
- 3 A bunch of grapes is more **healthy** than a packet of crisps. _____
- 4 Don't take another slice of bread. You're eating enough **many**! _____
- 5 Mix a **little** milk to the eggs. _____
- 6 I haven't got cheese **enough** on my pasta! _____

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8 Przetłumacz zdania 2 – 6 z zadania 4.

1. ...*Alessandra przestała chodzić do szkoły gdy miała 14 lat...*

2.

3.

4.

5.

6.

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Total

35