

## Vocabulary

### 1 Uzupełnij definicje.

- 1 A tomato is a round red fruit we use as a vegetable.
- 2 A \_\_\_\_\_ is a long green salad vegetable.
- 3 \_\_\_\_\_ can be spicy and contain meat from a pig.
- 4 \_\_\_\_\_ is a type of fish and has a pink colour.
- 5 An \_\_\_\_\_ is a round vegetable we often use fried in a tomato sauce on pasta.
- 6 Chickens give us \_\_\_\_\_.

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### 2 Zakreśl właściwą opcję.

- 1 Pass me the **glass** / **bottle** / **packet** of water, please.
- 2 Mum always **adds** / **mixes** / **peels** the carrots before she cooks them.
- 3 We need to **add** / **cut** / **peel** the onions to the meat.
- 4 Please can you **cut** / **mix** / **peel** the bread?
- 5 Let's open a **bunch** / **tin** / **glass** of soup.
- 6 I've got a **slice** / **bunch** / **bottle** of pizza.

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## Grammar

### 3 Uzupełnij tekst formami **much, many, a lot of lub lots of, a few i a little**.

I can't stand my local grocery store. They haven't got <sup>1</sup>much \_\_\_\_\_ fresh food; there are only <sup>2</sup>\_\_\_\_\_ vegetables, usually some old onions or carrots, and there isn't <sup>3</sup>\_\_\_\_\_ cheese, butter or milk. I sometimes buy <sup>4</sup>\_\_\_\_\_ cola there; only one or two cans because it's very expensive. The food costs <sup>5</sup>\_\_\_\_\_ money and it's bad quality. That's why they haven't got <sup>6</sup>\_\_\_\_\_ customers!

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### 4 Popraw błędy. Napisz poprawne zdania.

- 1 I can't do this exercise. It's too much difficult.  
It's too difficult.
- 2 You're putting too cheese in your soup!
- 3 He has one glass a day. He doesn't drink too water.
- 4 That's expensive! It costs too money.

5 Let's go, there are too much people here.

6 This jacket is very small; it's not enough big for me.

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### 5 Uzupełnij zdania wyrazami z ramki.

as expensive more most than the

- 1 Salmon is less expensive now than in the past.
- 2 The durian is one of the \_\_\_\_\_ expensive fruits in the world.
- 3 According to a survey, potatoes are \_\_\_\_\_ popular than any other vegetable in the UK.
- 4 The artichoke is \_\_\_\_\_ most unpopular vegetable in the UK.
- 5 Is a fish diet cheaper \_\_\_\_\_ a diet with lots of meat in it?
- 6 A sausage isn't as healthy \_\_\_\_\_ a salad.

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### 6 Przetłumacz zdania z zadania 5.

1. ...Łosoś jest mniej drogi teraz niż w przeszłości...
2. ....
3. ....
4. ....
5. ....
6. ....

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### 10 Dokoncz wyrazy.

- 1 My favourite fruit is melon \_\_\_\_\_.
- 2 You need a n\_\_\_\_\_ to clean your mouth.
- 3 I eat yoghurt with a s\_\_\_\_\_.
- 4 You use a k\_\_\_\_\_ to cut vegetables.
- 5 How many peas can you put on your f\_\_\_\_\_?
- 6 Please use a p\_\_\_\_\_. I don't want any food on the floor!

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## Speaking

### 6 Ułóż kwestie dialogu w poprawnej kolejności.

- A Wow! That's too much for me! I have a bowl of soup and a slice of bread.
- B That's good. I eat some pasta with a little cheese in the evening. And then I often have some yoghurt with honey.
- C Me? Oh, I just have a little fruit and a cup of hot water. What do you have for lunch?
- D And what about dinner? I often eat pizza with chips, but I eat a lot of salad, too.
- 1 E I love breakfast. Every morning, I have two eggs, toast with butter and strawberry jam, and a glass of orange juice. What about you?
- F Really? That's too little for me! I often have a big bowl of pasta with lots of cheese. And then I eat a few biscuits after.

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## Reading

### 7 Oznacz zdania literami T (true – prawda), F (false – fałsz) lub NG (not given – nie podano).

- 1 Some food blogs only have chicken recipes. NG
- 2 Alessandra Peters was in hospital when she decided to change her eating habits.
- 3 When she started cooking her meals, she started to feel well again.
- 4 A big publishing company wanted to work with her.
- 5 All her recipes use salads and fruit.
- 6 Alessandra believes that some types of food are bad for you.

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### The Foodie Teen

Food is an obsession on the Internet! Lots of people share photos of their meals. There are also hundreds of food blogs with recipes for anything from vegan pizza to fried chicken. But not many of those 'foodie' bloggers are teenagers!

When Alessandra Peters was about fourteen, she was very ill. She was thin and she didn't have much energy, so she couldn't go to school. A doctor diagnosed her with a lot of food allergies, so she decided to change her eating habits.

Alessandra wanted to know exactly what was in her food, so she stopped eating fast food and she learned to cook. Her health improved, and her

friends and family liked her recipes, so she started a blog called *The Foodie Teen*. In her blog, she shared her recipes and opinions about healthy eating, and it soon attracted thousands of followers. Alessandra started to receive positive messages from other teenagers with food allergies. The messages inspired her to continue with the blog. She was happy that she could help other people with it.

When Alessandra was seventeen, a big publishing company contacted her and asked her to write a cookery book. She was very surprised, but the book was a big success.

The recipes in *The Foodie Teen* cookery book don't have any sugar, milk or gluten in them. But the difference between Alessandra and lots of other food bloggers is that her recipes include burgers, cakes and chocolate – not just salads and fruit.

Alessandra knows that what you eat can affect your life, but she doesn't believe that any foods are 'good' or 'bad'. Everybody needs a few treats now and then!

## Listening

### 8 04 Postułaj rozmowy o owocu nazywanym durianem. Zakreśl właściwą opcję.

- 1 The durian smells **horrible** / nice.
- 2 It's **normal** / **unusual** to cook a durian.
- 3 You **can** / **can't** use it in medicine.
- 4 They **are** / **aren't** popular in China
- 5 One person paid about **€50,000** / **€60,000** for a durian.
- 6 In some countries, you **can** / **can't** eat it on public transport.

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### 11 Popraw błędy w zdaniach.

- 1 Peel a **little** carrots. few
- 2 Don't drink too **many** cola!
- 3 A bunch of grapes is more healthy than a packet of crisps.
- 4 Don't take another slice of bread. You're eating **enough** many!
- 5 Mix a **little** milk to the eggs.
- 6 I haven't got cheese **enough** on my pasta!

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Total 55