

Health and fitness

1 Fill in the gaps with the correct phrasal verb in the correct form

*Break out/ put on/ feel up to/ come round /cut down on/ wear off/pass out/
pull through/ put down/ get over/ come down with/ bring on/ look after*

- 1 I was still living in London when the war _____ in 1914.
- 2 Sue _____ at last , but she still felt dizzy.
- 3 Rosie has _____ five kilos since she quit smoking.
- 4 I just didn't _____ going out.
- 5 She never _____ the death of her son
- 6 His injuries are severe but he's expected to _____.
- 7 _____ fatty foods if you want to lose weight.
- 8 We had to have the dog _____.
- 9 She _____ flu everyone was getting and went home before I got in.
- 10 The pain got worse as the anaesthetic _____.
- 11 Stress can _____ an asthma attack.
- 12 I nearly _____ when I saw all the blood.

2 Transform the word to make the sentence correct

- 1 Children were playing next to the railway line, totally _____ of the danger.
AWARE
- 2 Ann made a quick _____ from her operation.
RECOVER
- 3 We found medical equipment, _____ instruments, clothing, documents.
SURGEON
- 4 We work together in close _____ to provide the best possible service.
OPERATE
- 5 In Japan there is a lot of _____ on politeness.
EMPHATIC
- 6 How are we to raise _____ of harmful effects of smoking?
AWARE
- 7 The university hopes to _____ its ties with the local community.
STRONG
- 8 He was doing his best to be _____
COOPERATE
- 9 If the exercise causes _____, stop immediately.
COMFORT

10 She was bitten on the ankle by a _____ snake.

POISON

11 I realised how _____ I was when I wasn't able to run up the stairs.

FITNESS

12 Cycling is highly _____ to health and the environment.

BENEFIT

3 Insert the missing preposition if necessary

1 Is there a viable alternative _____ the present system?

2 The refugees believe that their lives are _____ danger.

3 She is _____ poor health being obese.

4 She often complains _____ not feeling appreciated at work.

5 A lot of the small towns in the area are definitely worth _____ visiting.

6 We wanted to thank the surgeon who operated _____ Taylor's knee

7 Could you just explain to Mark benefits _____ a balanced diet?

8 Thousands of people have benefited _____ the new treatment.

9 I'm tired _____ explaining it over and over again.

10 You've really got no need to worry _____ your weight.

11 The drug is injected directly _____ the spine.

12 My dad gave me a silver pin _____ the shape of a large bird

13 The writer suffered _____ poor health for most of his life.

14 A bit more exercise would do _____ you good.

15 A lot of kids are addicted _____ surfing the Net