

FOOD: DELICIOUS FOOD

Fill in the blanks with the correct answer.

1. Why we need food?

2. Rice, bread, cereal and chocolates give us _____.
3. Chicken, fish, milk and cheese help us _____.
4. Water, vegetables and fruits keep us _____.
5. Too much sweet food can make you _____ and cause
_____.
6. You need to eat _____ to stay healthy.
7. Give three examples of animals that eat plants only.

8. Give three examples of animals that eat meat only.

9. Give three examples of animals that eat plants and meat.

We need food for energy, to grow and to keep healthy

energy

grow

healthy

sick

tooth decay

balance diet