

1. Read the sentences and write which sense they refer to. There is one missing.

- Liquid moves inside the cochlea and sends signals to the brain. _____
- The olfactory nerves transmit information to the brain.

- An upside-down image forms on the retina.

- The sensory nerves can detect pain and temperature.

2. Read and answer.

- Which three things does interaction consist of?
the _____, the _____ system and the _____ system
- What sends the information of an image on the retina to the brain?
the _____
- What detects different tastes on your tongue?
the _____

3. Read and match.

cerebellum	• It controls voluntary actions.
brain stem	• It controls involuntary actions.
cerebrum	• It controls balance and coordination.

4. Circle the correct words to complete the sentences.

- The **locomotor** / **nervous** system controls everything you do.
- The **spinal cord** / **brain stem** sends different messages to different parts of the body through nerves.
- Breathing is an example of **an involuntary** / **a voluntary** action.
- The nervous system receives information from the **cerebrum** / **sense organs**.

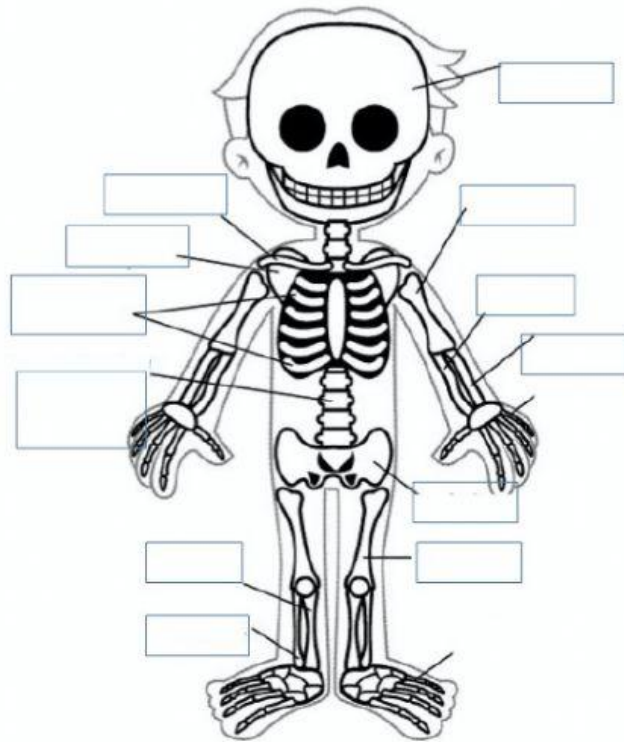
5. Read the sentences and write true or false.

- The locomotor system is made up of the skeleton, joints and muscles. _____
- There are over 600 bones in the body. _____
- Tendons connect muscles to bones. _____
- The elbow is an example of a ligament. _____
- A joint is where bones come together. _____

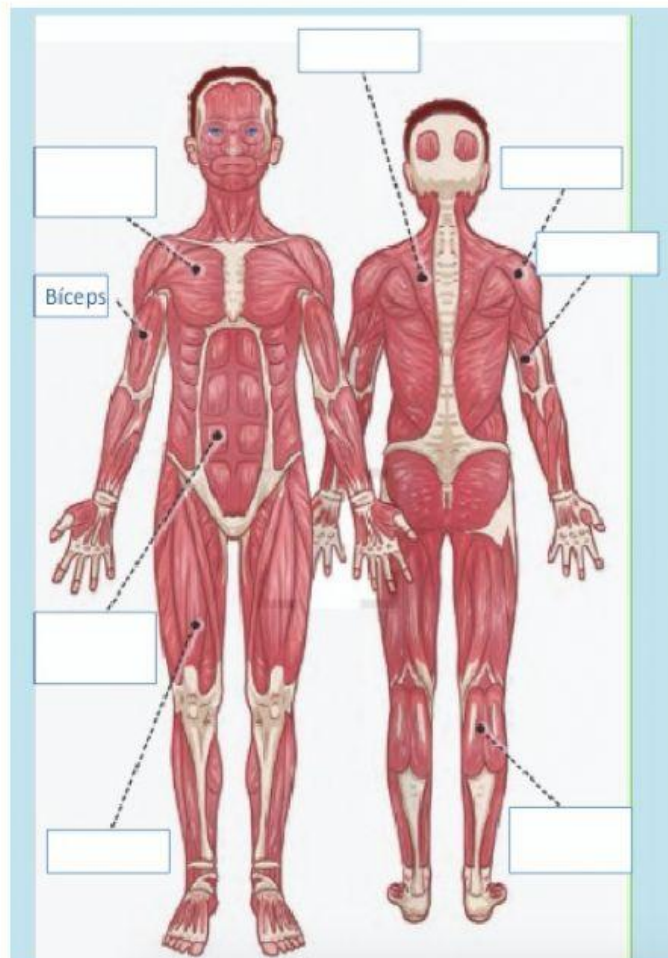
6. Read and match.

Proteins	give you long-lasting energy.
Antioxidants	helps your body digest properly.
Carbohydrates	protect cells from illnesses and cancer.
Calcium	help your body repair and build muscle.
Fibre	keeps your bones and teeth healthy.

7. Write the names



8. Write the names



9. Tick the correct sentences

- Have a check-up with your family doctor every month. ☐
- Too much exercise can be just as bad as too little. ☐
- Only visit your dentist when you have a problem. ☐
- When you sleep, your body systems repair themselves. ☐
- Exercise makes your muscles and bones stronger. ☐

10. Write the number



1. Carbohydrates
2. Calcium and proteins
3. Proteins and iron
4. Vitamins, minerals and antioxidants
5. Fats

11. Classify

Carbohydrates	Dairy Products	Proteins	Fruit and vegetables	Fats

butter	chicken	lemon	olive	cereals
rice	cheese	meat	pasta	seeds
tomatoes	eggs	yogurt	lettuce	milk
bread	salmon	avocado	broccoli	nuts