



# Health Education 健康教育

18/11/2020

A. Drag and drop the correct answer. 将正确答案拖拉至空格里。

Healthy  
eating habits  
健康饮食习惯



Unhealthy  
eating habits  
不健康饮食习惯



1. Eat regularly  
定时用餐

4. Always drink water  
常喝白开水

3. Bath after eating  
饭后洗澡

2. Non-picky  
不挑食

2. Overeating  
暴饮暴食

4. Not eating fruits and  
vegetables  
不吃蔬菜水果

3. Concentrate on eating  
专心用食

1. Always drink cold water  
常喝冰饮