English: Level Pre-A1

WEEK 4

My foods and drinks

Activity 1: My Superfoods

people

market

grow

mom

buy
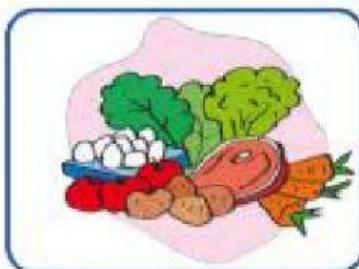
food

LET´S WARM UP! Match the words with the pictures. Follow the example.

Example:

potatoes   D

1 granadilla   ☐

2 maca   ☐

3 sweet potato   ☐

4 quinoa   ☐

5 purple corn   ☐

LET´S OBSERVE AND READ!

Look and complete. Write your answers in your notebook. Follow the example.

Listen and repeat.

Superfoods

1 potatoes   4 soursop (Example)   7 quinoa   10 granadilla

2 maca   5 spinach   8 broccoli   11 papaya

3 avocado   6 sweet potato   9 olives   12 tangerine

s o u r s o p
(Example)

1. b _ _ _ _ _ _ _

2. o _ _ _ _ _

3. s _ _ _ _ p _ _ _ _ _

4. q _ _ _ _ _

5. p _ _ _ _ _ _
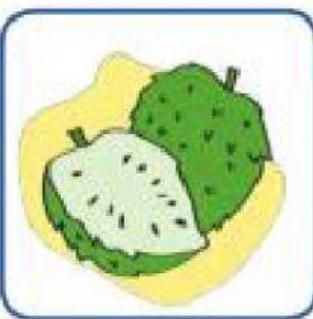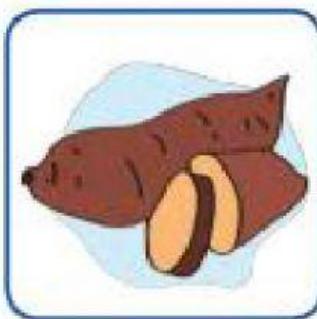
6. t _ _ _ _ _ _ _

7. g _ _ _ _ _ _ _ _
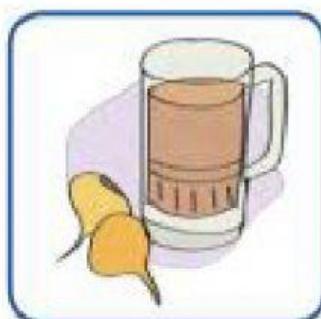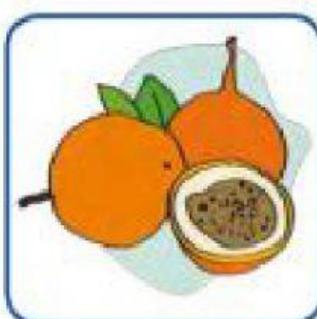
8. m _ _ _ _

9. s _ _ _ _ _ _ _

10. p _ _ _ _ _

11. a _ _ _ _ _ _ _

Listen and read the conversation.
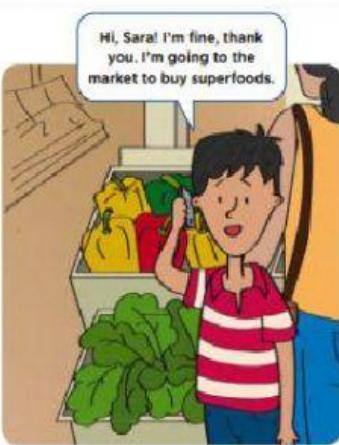
1 Alex and Sara are talking on the phone.

2 Superfoods are good for people.

3 Sara likes maca and Alex likes quinoa.

4 Sara likes tangerines. Alex's mom likes broccoli.

5 Superfoods contain protein and vitamins.

6 Sara and Alex like superfoods. Superfoods grow in Peru.

LET'S UNDERSTAND!

Exercise 1: Look at the pictures. Read the sentences. Circle Yes or No. Follow the example.

Example:

Hamburgers and soda are superfoods.   Yes   -   No

1 Superfoods are good for people.   Yes   -   No

2 Maca contains protein and vitamins.   Yes   -   No

3 Quinoa is from Lima.   Yes   -   No

Exercise 2: Complete the sentences with the words from the box. Follow the example.

quinoa

tangerines

maca

broccoli
(Example)

Example:

Alex's mom likes _____ broccoli _____.

1. Alex likes _____.

2. Sara likes _____.

3. _____ are from Huaral, Lima.

LET´S PRACTISE!

Exercise 1: Unscramble the words. Follow the example.

Example

o l i v e s

s l v e o i

1 _ _ _ _ _ _

o o s r s u p

2 _ _ _ _ _ _ _ _

r g a n a d i a l l

3 _ _ _ _ _ _ _

c a v d o o a
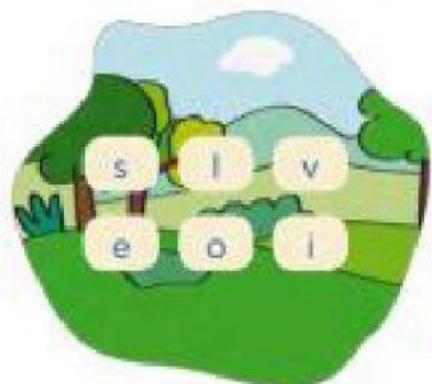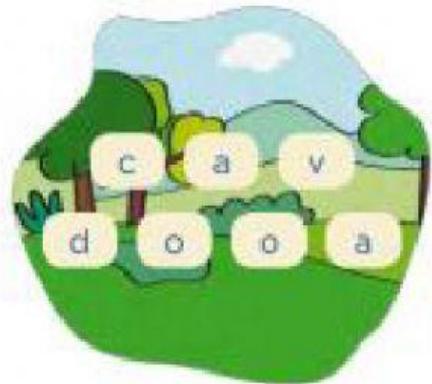
Exercise 2: Look at the pictures and decide if each sentence is "True" or "False". Follow the example.

Example:

Superfoods are good for you.   (True) - False

1 Tony likes sweet potatoes.   True - False

2 Kelly likes spinach.   True - False

3 Robert likes quinoa.   True - False