

My Day Off

Don't you love day offs? They are like small pauses in our daily routines. They're the opportunity we need to disconnect and rest. Yesterday was a day off... What did you do? Write 3 or 4 FULL SENTENCES below.

You will listen to a woman describing her day off. Tick the activities you hear.



Listen to the next part. Select TRUE or FALSE.

- | | | |
|--------------------------------------|------|-------|
| 1. She <u>drove</u> to work. | True | False |
| 2. The bus <u>was</u> too full. | True | False |
| 3. She <u>worked</u> for five hours. | True | False |
| 4. She <u>checked</u> some e-mails. | True | False |
| 5. She <u>talked</u> to her boss. | True | False |

Listen to the last part. Number the actions in the correct order. There's an action she didn't do. Cross it out.

- () She watched a movie.
- () She exercised for an hour.
- () She cleaned up the kitchen.
- () She went home.
- () She cooked dinner.
- () She walked to the gym.
- () She showered.
- () She chatted with her roommate.