

## **When should you call for help?**

**Call 911** if you have symptoms of a heart attack. These may include:

- You have chest pain. This may occur with:
  - Chest pain or a strange feeling in the chest.
  - Sweating.
  - Shortness of breath.
  - Dizziness or weakness.
  - A fast heartbeat.

After you call 911, the operator may tell you to chew 1 adult-strength aspirin. Wait for an ambulance. Do not try to drive yourself.

Watch closely for changes in your health, and be sure to contact your doctor or nurse call line if:

- You have any problems.
- You do not get better.

**If you have an emergency, always**



Reading Comprehension: Read the above health poster and answer the questions below

1. What number do you call if you have an emergency?

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2. What body part that has pain may show symptoms of a heart attack?

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3. What are 5 things that may occur if you have chest pain?

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4. The operator may ask you to chew what medicine and how many?

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5. Should you drive a car to the hospital?

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6. When should you contact your nurse or doctor?

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7. Have you had an emergency before? What did you do?

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